



# CHANNEL GUIDE

JANUARY 2023

## KEY

1 PLAYER	4 MIXIT
2 MIX	5 MAXIT
3 FULL HOUSE	PREMIUM CHANNELS
	+ PERSONAL PICKS

## HOW TO FIND WHICH CHANNELS YOU CAN GET

- Match your package to the column
- If there's a tick in your column, you get that channel
- If there's a plus sign, it's available as part of a Personal Pick collection

1	2	3	4	5	
✓	✓	✓	✓	✓	101 BBC One HD*
✓	✓	✓	✓	+	190 W +1

## ENTERTAINMENT

1	2	3	4	5	
✓	✓	✓	✓	✓	100 Virgin Media Previews HD
✓	✓	✓	✓	✓	101 BBC One HD
✓	✓	✓	✓	✓	102 BBC Two HD
✓	✓	✓	✓	✓	103 ITV1 HD/STV HD*
✓	✓	✓	✓	✓	104 Channel 4 HD/S4C HD*
✓	✓	✓	✓	✓	105 Channel 5 HD
✓	✓	✓	✓	✓	106 E4 HD
✓	✓	✓	✓	✓	107 BBC Three HD/BBC Four HD*
✓	✓	✓	✓	✓	108 BBC Four HD/Channel 4 HD Wales*
✓	✓	+	✓	✓	109 Sky Showcase HD
✓	✓	+	✓	✓	110 Sky Witness HD
✓	✓	+	✓	✓	111 Sky Max HD
✓	✓	+	✓	✓	112 Sky Comedy HD
✓	✓	✓	✓	✓	114 ITV1 +1 & STV +1*
✓	✓	✓	✓	✓	115 ITV2 HD
✓	✓	✓	✓	✓	116 ITV2 +1
✓	✓	✓	✓	✓	117 ITV3 HD
✓	✓	✓	✓	✓	118 ITV4 HD
✓	✓	✓	✓	✓	119 ITVBe HD
✓	✓	✓	✓	✓	120 ITVBe +1/BBC Alba*
✓	✓	+	✓	✓	121 Sky Crime HD
✓	✓	+	✓	✓	122 Sky Sci-Fi HD
✓	✓	+	✓	✓	123 Sky Arts HD
✓	✓	+	✓	✓	124 GOLD HD
✓	✓	+	✓	✓	125 W HD
✓	✓	+	✓	✓	126 alibi HD
✓	✓	✓	✓	✓	127 Dave HD
✓	✓	✓	✓	✓	128 Really
✓	✓	✓	✓	✓	129 Yesterday HD
✓	✓	✓	✓	✓	130 Drama HD
✓	✓	✓	✓	✓	131 Dave ja vu
✓	✓	+	✓	✓	132 Comedy Central HD
✓	✓	+	✓	✓	133 Comedy Central +1
✓	✓	+	✓	✓	134 MTV HD
✓	✓	✓	✓	✓	135 Pick
✓	✓	✓	✓	✓	139 Challenge
✓	✓	✓	✓	✓	140 Sky Arts
✓	✓	✓	✓	✓	142 Channel 4 +1
✓	✓	✓	✓	✓	143 4Seven HD
✓	✓	✓	✓	✓	146 E4 +1
✓	✓	✓	✓	✓	147 More4 HD
✓	✓	✓	✓	✓	148 CBS Reality
✓	✓	✓	✓	✓	149 Legend
✓	✓	✓	✓	✓	150 5ACTION HD
✓	✓	✓	✓	✓	151 5STAR
✓	✓	✓	✓	✓	152 5Select
✓	✓	✓	✓	✓	153 5 USA
✓	✓	+	✓	✓	154 Comedy Central Extra
✓	✓	✓	✓	✓	155 Channel 5 +1
✓	✓	+	✓	✓	156 Sky Replay
✓	✓	✓	✓	✓	157 BBC Three HD*
✓	✓	✓	✓	✓	159 Regional Channels
✓	✓	+	✓	✓	160 E! HD
✓	✓	✓	✓	✓	161 BBC Alba*
✓	✓	✓	✓	✓	162 BBC Scotland HD/ITVBe +1*
✓	✓	+	✓	✓	163 Sky Witness +1
✓	✓	+	✓	✓	164 Sky Crime +1
✓	✓	+	✓	✓	166 S4C HD*
✓	✓	+	✓	✓	167 TLC HD
✓	✓	+	✓	✓	168 Investigation Discovery
✓	✓	✓	✓	✓	169 Quest HD
✓	✓	✓	✓	✓	170 Quest Red
✓	✓	+	✓	✓	171 DMAX
✓	✓	+	✓	✓	172 TLC +1
✓	✓	+	✓	✓	173 Investigation Discovery +1
✓	✓	✓	✓	✓	174 ITV3 +1
✓	✓	✓	✓	✓	175 ITV4 +1
✓	✓	+	✓	✓	181 Comedy Central
✓	✓	✓	✓	✓	185 5 USA +1
✓	✓	✓	✓	✓	186 5STAR +1
✓	✓	✓	✓	✓	189 GREAT TV
✓	✓	+	✓	✓	190 W +1
✓	✓	+	✓	✓	191 alibi +1
✓	✓	+	✓	✓	192 HorrorXtra
✓	✓	+	✓	✓	194 GOLD +1
✓	✓	✓	✓	✓	196 More4 +1
✓	✓	+	✓	✓	197 RealityXtra
✓	✓	+	✓	✓	198 Crime + Investigation HD
✓	✓	✓	✓	✓	199 BLAZE®
✓	✓	✓	✓	✓	204 Netflix
✓	✓	✓	✓	✓	205 Amazon Prime Video
✓	✓	✓	✓	✓	213 Quest +1
✓	✓	+	✓	✓	214 DMAX +1
✓	✓	✓	✓	✓	217 Yesterday HD +1
✓	✓	✓	✓	✓	218 CBS Reality +1
✓	✓	✓	✓	✓	219 HorrorXtra +1
✓	✓	+	✓	✓	222 Crime + Investigation +1
✓	✓	✓	✓	✓	226 Drama HD +1
✓	✓	✓	✓	✓	228 Virgin TV Ultra HD
✓	✓	✓	✓	✓	991 BBC RB HD
✓	✓	✓	✓	✓	999 Virgin TV Ultra HD

## FACTUAL & LIFESTYLE

1	2	3	4	5	
✓	✓	+	✓	✓	245 Eden HD
✓	✓	+	✓	✓	246 Eden +1
✓	✓	+	✓	✓	250 Discovery HD
✓	✓	+	✓	✓	251 Animal Planet HD
✓	✓	+	✓	✓	252 Discovery Science
✓	✓	+	✓	✓	256 Discovery Turbo
✓	✓	+	✓	✓	257 Discovery History
✓	✓	+	✓	✓	258 Discovery +1
✓	✓	+	✓	✓	259 Animal Planet +1
✓	✓	+	✓	✓	260 Discovery Science +1
✓	✓	+	✓	✓	261 Discovery History +1
✓	✓	+	✓	✓	265 National Geographic WILD HD
✓	✓	+	✓	✓	266 National Geographic HD
✓	✓	+	✓	✓	267 National Geographic +1
✓	✓	✓	✓	✓	269 Together
✓	✓	+	✓	✓	270 Sky HISTORY HD
✓	✓	+	✓	✓	271 Sky HISTORY +1
✓	✓	+	✓	✓	272 Sky HISTORY2 HD
✓	✓	+	✓	✓	273 PBS America
✓	✓	+	✓	✓	277 Sky Documentaries HD
✓	✓	+	✓	✓	278 Sky Nature HD
✓	✓	+	✓	✓	285 Food Network
✓	✓	✓	✓	✓	286 HGTV
✓	✓	✓	✓	✓	290 HGTV +1
✓	✓	✓	✓	✓	292 God Channel

## MUSIC

1	2	3	4	5	
✓	✓	✓	✓	✓	300 VM Music
✓	✓	+	✓	✓	310 MTV Music
✓	✓	+	✓	✓	311 MTV Live HD
✓	✓	+	✓	✓	312 MTV Hits
✓	✓	+	✓	✓	313 MTV 90s
✓	✓	+	✓	✓	316 MTV 80s
✓	✓	+	✓	✓	335 The Box
✓	✓	+	✓	✓	336 4Music
✓	✓	+	✓	✓	337 E4 Extra
✓	✓	+	✓	✓	338 Kiss
✓	✓	+	✓	✓	340 Magic
✓	✓	+	✓	✓	342 Kerrang!
✓	✓	✓	✓	✓	344 Vevo
✓	✓	✓	✓	✓	345 Clubland TV
✓	✓	✓	✓	✓	346 Now 70s
✓	✓	✓	✓	✓	347 Now 80s
✓	✓	✓	✓	✓	348 NOW ROCK

## MOVIES

1	2	3	4	5	
✓	✓	✓	✓	✓	400 Virgin Movies Previews
✓	✓	✓	✓	✓	401 Sky Cinema Premiere HD
✓	✓	✓	✓	✓	402 Sky Cinema Select HD
✓	✓	✓	✓	✓	403 Sky Cinema Hits HD
✓	✓	✓	✓	✓	404 Sky Cinema Greats HD
✓	✓	✓	✓	✓	406 Sky Cinema Family HD
✓	✓	✓	✓	✓	407 Sky Cinema Action HD
✓	✓	✓	✓	✓	408 Sky Cinema Comedy HD
✓	✓	✓	✓	✓	409 Sky Cinema Thriller HD
✓	✓	✓	✓	✓	410 Sky Cinema Drama HD
✓	✓	✓	✓	✓	411 Sky Cinema Sci-Fi & Horror HD
✓	✓	✓	✓	✓	412 Sky Cinema Animation HD
✓	✓	+	✓	✓	415 TCM Movies HD
✓	✓	+	✓	✓	417 TCM Movies +1
✓	✓	+	✓	✓	419 Movies 24
✓	✓	+	✓	✓	420 Movies 24 +
✓	✓	✓	✓	✓	424 Great! Romance
✓	✓	✓	✓	✓	425 Great! Movies
✓	✓	✓	✓	✓	426 Great! Movies Action
✓	✓	✓	✓	✓	428 Film4 HD
✓	✓	✓	✓	✓	430 Film4 +1
✓	✓	✓	✓	✓	445 Talking Pictures TV

## SPORT

1	2	3	4	5	
✓	✓	✓	✓	✓	501 Sky Sports Main Event HD
✓	✓	✓	✓	✓	502 Sky Sports Premier League HD
✓	✓	✓	✓	✓	503 Sky Sports Football HD
✓	✓	✓	✓	✓	504 Sky Sports Cricket HD
✓	✓	✓	✓	✓	505 Sky Sports F1® HD
✓	✓	✓	✓	✓	506 Sky Sports F1® HD
✓	✓	✓	✓	✓	507 Sky Sports NFL HD
✓	✓	✓	✓	✓	508 Sky Sports Arena HD
✓	✓	+	✓	✓	509 Sky Sports News HD
✓	✓	+	✓	✓	510 Sky Sports Mix HD
✓	✓	✓	✓	✓	511 Sky Sports Premier Event
✓	✓	✓	✓	✓	512 Sky Sports Premier League
✓	✓	✓	✓	✓	513 Sky Sports Football
✓	✓	✓	✓	✓	514 Sky Sports Cricket
✓	✓	✓	✓	✓	515 Sky Sports Golf
✓	✓	✓	✓	✓	516 Sky Sports F1®
✓	✓	✓	✓	✓	517 Sky Sports NFL
✓	✓	✓	✓	✓	518 Sky Sports Arena
✓	✓	+	✓	✓	521 Eurosport 1 HD
✓	✓	+	✓	✓	522 Eurosport 2 HD
✓	✓	✓	✓	✓	526 MUTV
✓	✓	✓	✓	✓	527 BT Sport 1 HD
✓	✓	✓	✓	✓	528 BT Sport 2 HD
✓	✓	✓	✓	✓	529 BT Sport 3 HD
✓	✓	✓	✓	✓	530 BT Sport 4 HD
✓	✓	✓	✓	✓	531 BT Sport Ultimate
✓	✓	✓	✓	✓	535 Sky Sports Racing HD
✓	✓	✓	✓	✓	544 Racing TV HD
✓	✓	✓	✓	✓	546 LFC TV HD
✓	✓	✓	✓	✓	551 Viaplay Sports 1 HD
✓	✓	✓	✓	✓	552 Viaplay Sports 2 HD
✓	✓	✓	✓	✓	553 Viaplay Xtra

## NEWS

1	2	3	4	5	
✓	✓	✓	✓	✓	601 BBC News HD
✓	✓	+	✓	✓	602 Sky News HD
✓	✓	✓	✓	✓	603 Sky News
✓	✓	✓	✓	✓	604 GB News
✓	✓	✓	✓	✓	605 BBC Parliament
✓	✓	✓	✓	✓	606 TalkTV
✓	✓	✓	✓	✓	609 Bloomberg HD
✓	✓	✓	✓	✓	613 CNBC
✓	✓	✓	✓	✓	614 NBC News NOW HD
✓	✓	✓	✓	✓	620 Euronews
✓	✓	✓	✓	✓	621 NDTV 24x7
✓	✓	✓	✓	✓	622 Al Jazeera English
✓	✓	✓	✓	✓	624 France 24 English HD
✓	✓	✓	✓	✓	625 NHKworld HD

## KIDS

1	2	3	4	5	
✓	✓	✓	✓	✓	701 CBBC HD
✓	✓	✓	✓	✓	702 CBeebies HD
✓	✓	✓	✓	✓	703 Baby TV
✓	✓	+	✓	✓	704 Cartoon Network HD
✓	✓	+	✓	✓	705 Cartoon Network +1
✓	✓	+	✓	✓	706 Cartoonito
✓	✓	+	✓	✓	712 Nickelodeon HD
✓	✓	+	✓	✓	713 Nick +1
✓	✓	+	✓	✓	715 Nick Jr.
✓	✓	+	✓	✓	716 Nick Jr. Too
✓	✓	+	✓	✓	717 Nicktoons
✓	✓	+	✓	✓	730 Boomerang
✓	✓	+	✓	✓	731 Boomerang +1
✓	✓	✓	✓	✓	734 CITV
✓	✓	✓	✓	✓	736 Pop
✓	✓	✓	✓	✓	737 Tiny Pop

## SHOPPING

1	2	3	4	5	
✓	✓	✓	✓	✓	740 QVC HD
✓	✓	✓	✓	✓	741 QVC Beauty
✓	✓	✓	✓	✓	742 QVC Style HD
✓	✓	✓	✓	✓	743 QVC Extra
✓	✓	✓	✓	✓	747 Ideal World
✓	✓	✓	✓	✓	748 Create and Craft
✓	✓	✓	✓	✓	755 Gems TV
✓	✓	✓	✓	✓	757 TJC

## INTERNATIONAL

1	2	3	4	5	
✓	✓	✓	✓	✓	801 Utsav Gold HD
✓	✓	✓	✓		