

KEY

1 Player	4 Full House	PREMIUM CHANNELS
2 Mix	5 Mixit	+ PERSONAL PICK
3 Fun	6 Maxit	



CHANNEL GUIDE | JANUARY 2020

HOW TO FIND WHICH CHANNELS YOU CAN GET

1. Match your package to the column
 2. If there's a tick in your column, you get that channel
 3. If there's a plus sign, it's available as part of a Personal Pick collection
- | 1 2 3 4 5 6 | 101 BBC One/HD* | 110 Sky One |
|-------------|-----------------|-------------|
| ✓ ✓ ✓ ✓ ✓ ✓ | ✓ | ✓ |
| ✓ ✓ ✓ ✓ ✓ ✓ | ✓ | ✓ |
| ✓ ✓ ✓ ✓ ✓ ✓ | ✓ | ✓ |

ENTERTAINMENT

1 2 3 4 5 6	168 Investigation Discovery
✓ ✓ ✓ ✓ ✓ ✓	✓ 100 Virgin Media Previews HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 101 BBC One HD*
✓ ✓ ✓ ✓ ✓ ✓	✓ 102 BBC Two HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 103 ITV/STV HD*
✓ ✓ ✓ ✓ ✓ ✓	✓ 104 Channel 4
✓ ✓ ✓ ✓ ✓ ✓	✓ 105 Channel 5 HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 107 BBC Four HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 108 BBC One HD/BBC Scotland HD*
✓ ✓ ✓ ✓ ✓ ✓	✓ 109 Sky One HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 110 Sky One
✓ ✓ ✓ ✓ ✓ ✓	✓ 111 Sky Witness HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 112 Sky Witness
✓ ✓ ✓ ✓ ✓ ✓	✓ 113 ITV HD*
✓ ✓ ✓ ✓ ✓ ✓	✓ 114 ITV +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 115 ITV2
✓ ✓ ✓ ✓ ✓ ✓	✓ 116 ITV2 +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 117 ITV3
✓ ✓ ✓ ✓ ✓ ✓	✓ 118 ITV4
✓ ✓ ✓ ✓ ✓ ✓	✓ 119 ITVBe
✓ ✓ ✓ ✓ ✓ ✓	✓ 120 ITVBe +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 121 Universal TV HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 122 Universal TV
✓ ✓ ✓ ✓ ✓ ✓	✓ 123 Sky Arts
✓ ✓ ✓ ✓ ✓ ✓	✓ 124 GOLD HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 125 W
✓ ✓ ✓ ✓ ✓ ✓	✓ 126 alibi
✓ ✓ ✓ ✓ ✓ ✓	✓ 127 Dave
✓ ✓ ✓ ✓ ✓ ✓	✓ 128 Really
✓ ✓ ✓ ✓ ✓ ✓	✓ 129 Yesterday
✓ ✓ ✓ ✓ ✓ ✓	✓ 130 Drama
✓ ✓ ✓ ✓ ✓ ✓	✓ 131 Dave ja vu
✓ ✓ ✓ ✓ ✓ ✓	✓ 132 Comedy Central HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 133 Comedy Central +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 134 MTV HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 135 Sky Crime HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 136 Sky Crime
✓ ✓ ✓ ✓ ✓ ✓	✓ 137 SYFY HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 138 SYFY
✓ ✓ ✓ ✓ ✓ ✓	✓ 139 E! HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 140 E!
✓ ✓ ✓ ✓ ✓ ✓	✓ 141 Channel 4 HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 142 Channel 4 +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 143 4Seven
✓ ✓ ✓ ✓ ✓ ✓	✓ 145 E4 HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 146 E4 +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 147 More4
✓ ✓ ✓ ✓ ✓ ✓	✓ 148 CBS Reality
✓ ✓ ✓ ✓ ✓ ✓	✓ 149 Horror Channel
✓ ✓ ✓ ✓ ✓ ✓	✓ 150 Paramount Network HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 151 5STAR
✓ ✓ ✓ ✓ ✓ ✓	✓ 152 5Select
✓ ✓ ✓ ✓ ✓ ✓	✓ 153 5 USA
✓ ✓ ✓ ✓ ✓ ✓	✓ 154 Channel 5
✓ ✓ ✓ ✓ ✓ ✓	✓ 155 Channel 5 +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 156 Sky Arts HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 157 FOX
✓ ✓ ✓ ✓ ✓ ✓	✓ 158 FOX +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 159 Regional Channels
✓ ✓ ✓ ✓ ✓ ✓	✓ 160 Sky Two
✓ ✓ ✓ ✓ ✓ ✓	✓ 161 BBC Alba
✓ ✓ ✓ ✓ ✓ ✓	✓ 162 BBC Scotland HD*
✓ ✓ ✓ ✓ ✓ ✓	✓ 164 Challenge
✓ ✓ ✓ ✓ ✓ ✓	✓ 165 Pick
✓ ✓ ✓ ✓ ✓ ✓	✓ 166 S4C HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 167 TLC HD

FACTUAL & LIFESTYLE

1 2 3 4 5 6	245 Eden
✓ ✓ ✓ ✓ ✓ ✓	✓ 246 Eden +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 247 Eden HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 250 Discovery HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 251 Animal Planet HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 252 Discovery Science
✓ ✓ ✓ ✓ ✓ ✓	✓ 256 Discovery Turbo
✓ ✓ ✓ ✓ ✓ ✓	✓ 257 Discovery History
✓ ✓ ✓ ✓ ✓ ✓	✓ 258 Discovery +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 259 Animal Planet +1

✓ ✓ + ✓ 260	Discovery Science +1
✓ ✓ + ✓ 261	Discovery History +1
✓ ✓ + ✓ 264	National Geographic WILD
✓ ✓ + ✓ 265	National Geographic WILD HD
✓ ✓ + ✓ 266	National Geographic
✓ ✓ + ✓ 267	National Geographic +1
✓ ✓ + ✓ 268	National Geographic HD
✓ ✓ + ✓ 269	Together
✓ + ✓ 270	HISTORY® HD
✓ + ✓ 271	HISTORY® +1
✓ + ✓ 272	HISTORY®2 HD
✓ + ✓ 273	PBS America
✓ + ✓ 274	Forces TV
✓ + ✓ 275	Love Nature HD
✓ + ✓ 276	Smithsonian Channel HD
✓ + ✓ 277	Food Network
✓ + ✓ 279	HGTV
✓ + ✓ 280	Discovery Home & Health
✓ + ✓ 281	Discovery Shed
✓ + ✓ 282	Travel Channel
✓ + ✓ 283	HGTV +1
✓ + ✓ 284	Discovery Home & Health +1
✓ + ✓ 287	God Channel
✓ + ✓ 298	Horse & Country

MUSIC

1 2 3 4 5 6	300 VM Music
✓ ✓ ✓ ✓ ✓ ✓	✓ 301 MTV Music
✓ ✓ ✓ ✓ ✓ ✓	✓ 311 MTV Live HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 312 MTV Hits
✓ ✓ ✓ ✓ ✓ ✓	✓ 313 MTV Base
✓ ✓ ✓ ✓ ✓ ✓	✓ 314 Club MTV
✓ ✓ ✓ ✓ ✓ ✓	✓ 315 MTV Rocks
✓ ✓ ✓ ✓ ✓ ✓	✓ 316 MTV Classic
✓ ✓ ✓ ✓ ✓ ✓	✓ 318 MTV OMG
✓ ✓ ✓ ✓ ✓ ✓	✓ 335 The Box
✓ ✓ ✓ ✓ ✓ ✓	✓ 336 Box Hits
✓ ✓ ✓ ✓ ✓ ✓	✓ 337 4Music
✓ ✓ ✓ ✓ ✓ ✓	✓ 338 Kiss
✓ ✓ ✓ ✓ ✓ ✓	✓ 340 Magic
✓ ✓ ✓ ✓ ✓ ✓	✓ 342 Kerrang!
✓ ✓ ✓ ✓ ✓ ✓	✓ 344 Vevo
✓ ✓ ✓ ✓ ✓ ✓	✓ 345 Clubland TV
✓ ✓ ✓ ✓ ✓ ✓	✓ 346 Now 80s
✓ ✓ ✓ ✓ ✓ ✓	✓ 347 Now 90s
✓ ✓ ✓ ✓ ✓ ✓	✓ 348 Now 70s

MOVIES

1 2 3 4 5 6	400 Virgin Movies Previews
✓ ✓ ✓ ✓ ✓ ✓	✓ 401 Sky Cinema Premiere HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 402 Sky Cinema Select HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 403 Sky Cinema Hits HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 404 Sky Cinema Greats HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 405 Sky Cinema Disney HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 406 Sky Cinema Family HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 407 Sky Cinema Action HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 408 Sky Cinema Comedy HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 409 Sky Cinema Thriller HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 410 Sky Cinema Drama HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 411 Sky Cinema Sci-Fi & Horror HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 412 Sky Cinema Premieres +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 415 TCM Movies
✓ ✓ ✓ ✓ ✓ ✓	✓ 416 TCM Movies HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 417 TCM Movies +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 419 Movies 24
✓ ✓ ✓ ✓ ✓ ✓	✓ 420 Movies 24 +
✓ ✓ ✓ ✓ ✓ ✓	✓ 424 Sony Movies Classic
✓ ✓ ✓ ✓ ✓ ✓	✓ 425 Sony Movies
✓ ✓ ✓ ✓ ✓ ✓	✓ 426 Sony Movies Action
✓ ✓ ✓ ✓ ✓ ✓	✓ 428 Film4
✓ ✓ ✓ ✓ ✓ ✓	✓ 429 Film4 HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 430 Film4 +1
✓ ✓ ✓ ✓ ✓ ✓	✓ 445 Talking Pictures TV

SPORT

1 2 3 4 5 6	501 Sky Sports Main Event HD
✓ ✓ ✓ ✓ ✓ ✓	✓ 740 QVC

✓ ✓ + ✓ 502	Sky Sports Premier League HD
✓ ✓ + ✓ 503	Sky Sports Football HD
✓ ✓ + ✓ 504	Sky Sports Cricket HD
✓ ✓ + ✓ 505	Sky Sports Golf HD
✓ ✓ + ✓ 506	Sky Sports F1® HD
✓ ✓ + ✓ 507	Sky Sports Action HD
✓ ✓ + ✓ 508	Sky Sports Arena HD
✓ ✓ + ✓ 509	Sky Sports News HD
✓ + ✓ 510	Sky Sports Mix HD
✓ + ✓ 511	Sky Sports Main Event
✓ + ✓ 512	Sky Sports Premier League
✓ + ✓ 513	Sky Sports Football
✓ + ✓ 514	Sky Sports Cricket
✓ + ✓ 515	Sky Sports Golf
✓ + ✓ 516	Sky Sports F1®
✓ + ✓ 517	Sky Sports Action
✓ + ✓ 518	Sky Sports Arena

✓ + ✓ + ✓ 519	Sky Sports News
✓ + ✓ + ✓ 520	Sky Sports Mix
✓ + ✓ + ✓ 521	Eurosport 1 HD
✓ + ✓ + ✓ 522	Eurosport 2 HD
✓ + ✓ + ✓ 526	MUTV
✓ + ✓ + ✓ 527	BT Sport 1 HD
✓ + ✓ + ✓ 528	BT Sport 2 HD
✓ + ✓ + ✓ 529	BT Sport 3 HD
✓ + ✓ + ✓ 530	BT Sport ESPN HD
✓ + ✓ + ✓ 531	BT Sport Ultimate
✓ + ✓ + ✓ 535	Sky Sports Racing
✓ + ✓ + ✓ 536	Racing TV HD
✓ + ✓ + ✓ 537	LFC TV HD
✓ + ✓ + ✓ 538	BoxNation
✓ + ✓ + ✓ 551	Premier Sports 1 HD
✓ + ✓ + ✓ 552	Premier Sports 2 HD
✓ + ✓ + ✓ 553	FreeSports HD
✓ + ✓ + ✓ 554	LaLigaTV

✓ + ✓ + ✓ 555	BT Sport Racing
✓ + ✓ + ✓ 556	BT Sport
✓ + ✓ + ✓ 557	BT Sport 1 HD
✓ + ✓ + ✓ 558	BT Sport 2 HD
✓ + ✓ + ✓ 559	BT Sport 3 HD
✓ + ✓ + ✓ 560	BT Sport Ultimate
✓ + ✓ + ✓ 561	BT Sport
✓ + ✓ + ✓ 562	BT Sport 1 HD
✓ + ✓ + ✓ 563	BT Sport 2 HD
✓ + ✓ + ✓ 564	BT Sport 3 HD
✓ + ✓ + ✓ 565	BT Sport
✓ + ✓ + ✓ 566	BT Sport 1 HD
✓ + ✓ + ✓ 567	BT Sport 2 HD
✓ + ✓ + ✓ 568	BT Sport 3 HD
✓ + ✓ + ✓ 569	BT Sport
✓ + ✓ + ✓ 570	BT Sport 1 HD
✓ + ✓ + ✓ 571	BT Sport 2 HD
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✓ + ✓ + ✓ 587	BT Sport 2 HD
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✓ + ✓ + ✓ 591	BT Sport 2 HD
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