



CHANNEL GUIDE | DECEMBER 2019

KEY

1 PLAYER	1 MIXIT
2 MIX	2 MAXIT
3 FUN	PREMIUM CHANNELS
4 FULL HOUSE	+ PERSONAL PICKS

HOW TO FIND WHICH CHANNELS YOU CAN GET

- Match your package to the column
- If there's a tick in your column, you get that channel
- If there's a plus sign, it's available as part of a Personal Pick collection

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	101 BBC One/HD*
✓	✓	✓	✓	✓	+	110 Sky One

ENTERTAINMENT

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	100 Virgin Media Previews HD
✓	✓	✓	✓	✓	✓	101 BBC One HD*
✓	✓	✓	✓	✓	✓	102 BBC Two HD
✓	✓	✓	✓	✓	✓	103 ITV/STV HD*
✓	✓	✓	✓	✓	✓	104 Channel 4
✓	✓	✓	✓	✓	✓	105 Channel 5
✓	✓	✓	✓	✓	✓	106 E4
✓	✓	✓	✓	✓	✓	107 BBC Four HD
✓	✓	✓	✓	✓	✓	108 BBC One HD/BBC Scotland HD*
✓	✓	✓	✓	✓	✓	109 Sky One HD
✓	✓	✓	✓	+	✓	110 Sky One
✓	✓	✓	✓	✓	✓	111 Sky Witness HD
✓	✓	✓	✓	+	✓	112 Sky Witness
✓	✓	✓	✓	✓	✓	113 ITV HD*
✓	✓	✓	✓	✓	✓	114 ITV +1
✓	✓	✓	✓	✓	✓	115 ITV2
✓	✓	✓	✓	✓	✓	116 ITV2 +1
✓	✓	✓	✓	✓	✓	117 ITV3
✓	✓	✓	✓	✓	✓	118 ITV4
✓	✓	✓	✓	✓	✓	119 ITVBe
✓	✓	✓	✓	✓	✓	120 ITVBe +1
✓	✓	✓	✓	✓	✓	121 Universal TV HD
✓	✓	✓	✓	+	✓	122 Universal TV
✓	✓	✓	✓	+	✓	123 Sky Arts
✓	✓	✓	✓	+	✓	124 GOLD HD
✓	✓	✓	✓	+	✓	125 W
✓	✓	✓	✓	+	✓	126 alibi
✓	✓	✓	✓	✓	✓	127 Dave
✓	✓	✓	✓	✓	✓	128 Really
✓	✓	✓	✓	✓	✓	129 Yesterday
✓	✓	✓	✓	✓	✓	130 Drama
✓	✓	✓	✓	✓	✓	131 Dave ja vu
✓	✓	✓	✓	+	✓	132 Comedy Central
✓	✓	✓	✓	+	✓	133 Comedy Central +1
✓	✓	✓	✓	+	✓	134 MTV
✓	✓	✓	✓	✓	✓	135 Sky Crime HD
✓	✓	✓	✓	✓	✓	136 Sky Crime
✓	✓	✓	✓	✓	✓	137 SYFY HD
✓	✓	✓	✓	+	✓	138 SYFY
✓	✓	✓	✓	✓	✓	139 E! HD
✓	✓	✓	✓	+	✓	140 E!
✓	✓	✓	✓	✓	✓	141 Channel 4 HD
✓	✓	✓	✓	✓	✓	142 Channel 4 +1
✓	✓	✓	✓	✓	✓	143 4Seven
✓	✓	✓	✓	+	✓	145 E4 HD
✓	✓	✓	✓	✓	✓	146 E4 +1
✓	✓	✓	✓	✓	✓	147 More4
✓	✓	✓	✓	✓	✓	148 CBS Reality
✓	✓	✓	✓	✓	✓	149 Horror Channel
✓	✓	✓	✓	✓	✓	150 Channel 5 HD
✓	✓	✓	✓	✓	✓	151 5STAR
✓	✓	✓	✓	✓	✓	152 5Select
✓	✓	✓	✓	✓	✓	153 5 USA
✓	✓	✓	✓	✓	✓	154 5Spike
✓	✓	✓	✓	✓	✓	155 Channel 5 +1
✓	✓	✓	✓	✓	✓	156 Sky Arts HD
✓	✓	✓	✓	+	✓	157 FOX
✓	✓	✓	✓	+	✓	158 FOX +1
✓	✓	✓	✓	✓	✓	159 Regional Channels
✓	✓	✓	✓	+	✓	160 Sky Two
✓	✓	✓	✓	✓	✓	161 BBC Alba
✓	✓	✓	✓	✓	✓	162 BBC Scotland HD*
✓	✓	✓	✓	✓	✓	164 Challenge
✓	✓	✓	✓	✓	✓	165 Pick
✓	✓	✓	✓	✓	✓	166 S4C HD
✓	✓	✓	✓	+	✓	167 TLC HD
✓	✓	✓	✓	+	✓	168 Investigation Discovery
✓	✓	✓	✓	✓	✓	169 Quest HD
✓	✓	✓	✓	✓	✓	170 Quest Red
✓	✓	✓	✓	+	✓	171 DMAX
✓	✓	✓	✓	✓	✓	172 TLC +1
✓	✓	✓	✓	+	✓	173 Investigation Discovery +1
✓	✓	✓	✓	✓	✓	174 ITV3 +1
✓	✓	✓	✓	✓	✓	175 ITV4 +1
✓	✓	✓	✓	+	✓	176 ITV2 HD
✓	✓	✓	✓	+	✓	177 ITV3 HD
✓	✓	✓	✓	✓	✓	178 ITV4 HD
✓	✓	✓	✓	+	✓	179 ITVBe HD
✓	✓	✓	✓	+	✓	180 Sky Witness +1
✓	✓	✓	✓	+	✓	181 Comedy Central HD
✓	✓	✓	✓	+	✓	182 Comedy Central Extra
✓	✓	✓	✓	+	✓	183 MTV HD
✓	✓	✓	✓	✓	✓	184 BET
✓	✓	✓	✓	✓	✓	185 5 USA +1
✓	✓	✓	✓	✓	✓	186 5STAR +1
✓	✓	✓	✓	✓	✓	187 Paramount Network HD
✓	✓	✓	✓	✓	✓	188 Paramount Network
✓	✓	✓	✓	✓	✓	189 Sony Channel
✓	✓	✓	✓	+	✓	190 W +1
✓	✓	✓	✓	+	✓	191 alibi +1
✓	✓	✓	✓	✓	✓	192 CBS Justice
✓	✓	✓	✓	✓	✓	193 Sony Crime Channel
✓	✓	✓	✓	+	✓	194 GOLD +1
✓	✓	✓	✓	✓	✓	195 More4 HD
✓	✓	✓	✓	✓	✓	196 More4 +1
✓	✓	✓	✓	✓	✓	197 CBS Drama
✓	✓	✓	✓	✓	✓	198 YouTube
✓	✓	✓	✓	+	✓	199 FOX HD
✓	✓	✓	✓	✓	✓	200 Yesterday +1
✓	✓	✓	✓	✓	✓	201 CBS Reality +1
✓	✓	✓	✓	✓	✓	202 Horror Channel +1
✓	✓	✓	✓	✓	✓	203 4Seven HD
✓	✓	✓	✓	✓	✓	204 Netflix
✓	✓	✓	✓	+	✓	206 Universal TV +1
✓	✓	✓	✓	+	✓	207 Sky Crime +1
✓	✓	✓	✓	+	✓	208 Lifetime® HD
✓	✓	✓	✓	+	✓	209 Crime + Investigation HD
✓	✓	✓	✓	✓	✓	210 hayu
✓	✓	✓	✓	+	✓	211 W HD
✓	✓	✓	✓	+	✓	212 alibi HD
✓	✓	✓	✓	✓	✓	213 Quest +1
✓	✓	✓	✓	+	✓	214 DMAX +1
✓	✓	✓	✓	✓	✓	216 BLAZE®
✓	✓	✓	✓	✓	✓	219 VICE
✓	✓	✓	✓	✓	✓	220 Sony Channel +1
✓	✓	✓	✓	+	✓	222 Crime + Investigation +1
✓	✓	✓	✓	✓	✓	226 Drama +1
✓	✓	✓	✓	+	✓	227 Dave HD
✓	✓	✓	✓	✓	✓	228 Amazon Prime Video
✓	✓	✓	✓	+	✓	229 SYFY +1
✓	✓	✓	✓	✓	✓	230 Challenge +1
✓	✓	✓	✓	✓	✓	991 BBC RB 1
✓	✓	✓	✓	✓	✓	999 Virgin TV Ultra HD

FACTUAL & LIFESTYLE

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	245 Eden
✓	✓	✓	✓	+	✓	246 Eden +1
✓	✓	✓	✓	+	✓	247 Eden HD
✓	✓	✓	✓	✓	✓	250 Discovery HD
✓	✓	✓	✓	+	✓	251 Animal Planet HD
✓	✓	✓	✓	✓	✓	252 Discovery Science
✓	✓	✓	✓	+	✓	256 Discovery Turbo
✓	✓	✓	✓	✓	✓	257 Discovery History
✓	✓	✓	✓	✓	✓	258 Discovery +1
✓	✓	✓	✓	✓	✓	259 Animal Planet +1
✓	✓	✓	✓	+	✓	260 Discovery Science +1
✓	✓	✓	✓	✓	✓	261 Discovery History +1
✓	✓	✓	✓	+	✓	264 National Geographic WILD
✓	✓	✓	✓	+	✓	265 National Geographic WILD HD
✓	✓	✓	✓	✓	✓	266 National Geographic
✓	✓	✓	✓	✓	✓	267 National Geographic +1
✓	✓	✓	✓	✓	✓	268 National Geographic HD
✓	✓	✓	✓	✓	✓	269 Together
✓	✓	✓	✓	+	✓	270 HISTORY® HD
✓	✓	✓	✓	+	✓	271 HISTORY® +1
✓	✓	✓	✓	+	✓	272 HISTORY2® HD
✓	✓	✓	✓	✓	✓	273 PBS America
✓	✓	✓	✓	✓	✓	274 Forces TV
✓	✓	✓	✓	+	✓	275 Love Nature HD
✓	✓	✓	✓	✓	✓	276 Smithsonian Channel HD
✓	✓	✓	✓	✓	✓	278 Food Network
✓	✓	✓	✓	✓	✓	279 Home
✓	✓	✓	✓	+	✓	280 Discovery Home & Health
✓	✓	✓	✓	✓	✓	281 Discovery Shed
✓	✓	✓	✓	✓	✓	282 Travel Channel
✓	✓	✓	✓	✓	✓	283 Home +1
✓	✓	✓	✓	+	✓	284 Discovery Home & Health +1
✓	✓	✓	✓	✓	✓	287 God Channel
✓	✓	✓	✓	✓	✓	298 Horse & Country

MUSIC

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	300 VM Music
✓	✓	✓	✓	+	✓	310 MTV Music
✓	✓	✓	✓	✓	✓	311 MTV Live HD
✓	✓	✓	✓	+	✓	312 MTV Hits
✓	✓	✓	✓	✓	✓	313 MTV Base
✓	✓	✓	✓	✓	✓	314 Club MTV
✓	✓	✓	✓	+	✓	315 MTV Rocks
✓	✓	✓	✓	✓	✓	316 VH1
✓	✓	✓	✓	+	✓	318 MTV OMG
✓	✓	✓	✓	+	✓	330 Box Upfront
✓	✓	✓	✓	✓	✓	335 The Box
✓	✓	✓	✓	✓	✓	336 Box Hits
✓	✓	✓	✓	✓	✓	337 4Music
✓	✓	✓	✓	+	✓	338 Kiss
✓	✓	✓	✓	✓	✓	340 Magic
✓	✓	✓	✓	+	✓	342 Kerrang!
✓	✓	✓	✓	✓	✓	344 Vevo
✓	✓	✓	✓	✓	✓	345 Clubland TV
✓	✓	✓	✓	✓	✓	346 Now 80s
✓	✓	✓	✓	✓	✓	347 Now 90s
✓	✓	✓	✓	✓	✓	348 Total Country

MOVIES

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	400 Virgin Movies Previews
✓	✓	✓	✓	✓	✓	401 Sky Cinema Premiere HD
✓	✓	✓	✓	✓	✓	402 Sky Cinema Select HD
✓	✓	✓	✓	✓	✓	403 Sky Cinema Hits HD
✓	✓	✓	✓	✓	✓	404 Sky Cinema Greats HD
✓	✓	✓	✓	✓	✓	405 Sky Cinema Disney HD
✓	✓	✓	✓	✓	✓	406 Sky Cinema Family HD
✓	✓	✓	✓	✓	✓	407 Sky Cinema Action HD
✓	✓	✓	✓	✓	✓	408 Sky Cinema Comedy HD
✓	✓	✓	✓	✓	✓	409 Sky Cinema Thriller HD
✓	✓	✓	✓	✓	✓	410 Sky Cinema Drama HD
✓	✓	✓	✓	✓	✓	411 Sky Cinema Sci-Fi & Horror HD
✓	✓	✓	✓	✓	✓	412 Sky Cinema Premiere +1
✓	✓	✓	✓	+	✓	415 TCM Movies
✓	✓	✓	✓	+	✓	416 TCM Movies HD
✓	✓	✓	✓	+	✓	417 TCM Movies +1
✓	✓	✓	✓	✓	✓	419 Movies 24
✓	✓	✓	✓	✓	✓	420 Movies 24 +
✓	✓	✓	✓	✓	✓	424 Sony Movies Christmas
✓	✓	✓	✓	✓	✓	425 Sony Movies
✓	✓	✓	✓	✓	✓	426 Sony Movies Action
✓	✓	✓	✓	✓	✓	428 Film4
✓	✓	✓	✓	+	✓	429 Film4 HD
✓	✓	✓	✓	✓	✓	430 Film4 +1
✓	✓	✓	✓	✓	✓	445 Talking Pictures TV

SPORT

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	501 Sky Sports Main Event HD
✓	✓	✓	✓	✓	✓	502 Sky Sports Premier League HD
✓	✓	✓	✓	✓	✓	503 Sky Sports Football HD
✓	✓	✓	✓	✓	✓	504 Sky Sports Cricket HD
✓	✓	✓	✓	✓	✓	505 Sky Sports Golf HD
✓	✓	✓	✓	✓	✓	506 Sky Sports F1® HD
✓	✓	✓	✓	✓	✓	507 Sky Sports Action HD
✓	✓	✓	✓	✓	✓	508 Sky Sports Arena HD
✓	✓	✓	✓	✓	✓	509 Sky Sports News HD
✓	✓	✓	✓	✓	✓	510 Sky Sports Mix HD
✓	✓	✓	✓	✓	✓	511 Sky Sports Main Event
✓	✓	✓	✓	✓	✓	512 Sky Sports Premier League
✓	✓	✓	✓	✓	✓	513 Sky Sports Football
✓	✓	✓	✓	✓	✓	514 Sky Sports Cricket
✓	✓	✓	✓	✓	✓	515 Sky Sports Golf
✓	✓	✓	✓	✓	✓	516 Sky Sports F1®

✓	✓	✓	✓	✓	✓	517 Sky Sports Action
✓	✓	✓	✓	✓	✓	518 Sky Sports Arena
✓	✓	✓	✓	+	✓	519 Sky