



CHANNEL GUIDE

JANUARY 2019

KEY

1 PLAYER
2 MIX
3 FUN
4 FULL HOUSE

PREMIUM CHANNELS

HOW TO FIND WHICH CHANNELS YOU HAVE

- Match your package to the column
- If there's a tick in your column, you get that channel

ENTERTAINMENT

1	2	3	4	
✓	✓	✓	✓	100 Virgin Media Previews
✓	✓	✓	✓	101 BBC One/HD*
✓	✓	✓	✓	102 BBC Two/HD*
✓	✓	✓	✓	103 ITV
✓	✓	✓	✓	104 Channel 4

ENTERTAINMENT				
1	2	3	4	
✓	✓	✓	✓	100 Virgin Media Previews
✓	✓	✓	✓	101 BBC One/HD*
✓	✓	✓	✓	102 BBC Two/HD*
✓	✓	✓	✓	103 ITV
✓	✓	✓	✓	104 Channel 4
✓	✓	✓	✓	105 Channel 5
✓	✓	✓	✓	106 E4
✓	✓	✓	✓	107 BBC Four
✓	✓	✓	✓	108 BBC One/HD*
✓	✓	✓	✓	109 Sky One HD
✓	✓	✓	✓	110 Sky One
✓	✓	✓	✓	111 Sky Witness HD
✓	✓	✓	✓	112 Sky Witness
✓	✓	✓	✓	113 ITV HD
✓	✓	✓	✓	114 ITV +1
✓	✓	✓	✓	115 ITV2
✓	✓	✓	✓	116 ITV2 +1
✓	✓	✓	✓	117 ITV3
✓	✓	✓	✓	118 ITV4
✓	✓	✓	✓	119 ITVBe
✓	✓	✓	✓	120 ITVBe +1
✓	✓	✓	✓	121 Sky Two
✓	✓	✓	✓	122 Sky Arts
✓	✓	✓	✓	123 Pick
✓	✓	✓	✓	124 Gold HD
✓	✓	✓	✓	125 W
✓	✓	✓	✓	126 alibi
✓	✓	✓	✓	127 Dave
✓	✓	✓	✓	128 Really
✓	✓	✓	✓	129 Yesterday
✓	✓	✓	✓	130 Drama
✓	✓	✓	✓	131 Dave ja vu
✓	✓	✓	✓	132 Comedy Central
✓	✓	✓	✓	133 Comedy Central +1
✓	✓	✓	✓	134 MTV
✓	✓	✓	✓	135 SYFY
✓	✓	✓	✓	136 SYFY +1
✓	✓	✓	✓	137 Universal TV
✓	✓	✓	✓	138 Universal TV +1
✓	✓	✓	✓	139 Challenge
✓	✓	✓	✓	140 Sky Witness +1
✓	✓	✓	✓	141 Channel 4 HD
✓	✓	✓	✓	142 Channel 4 +1
✓	✓	✓	✓	143 4Seven
✓	✓	✓	✓	145 E4 HD
✓	✓	✓	✓	146 E4 +1
✓	✓	✓	✓	147 More4
✓	✓	✓	✓	148 CBS Reality
✓	✓	✓	✓	149 Horror Channel
✓	✓	✓	✓	150 Channel 5 HD
✓	✓	✓	✓	151 5STAR
✓	✓	✓	✓	152 5Select
✓	✓	✓	✓	153 5 USA
✓	✓	✓	✓	154 5Spike
✓	✓	✓	✓	155 Channel 5 +1
✓	✓	✓	✓	156 E!
✓	✓	✓	✓	157 FOX
✓	✓	✓	✓	158 FOX +1
✓	✓	✓	✓	159 Regional Channels
✓	✓	✓	✓	160 Real Lives
✓	✓	✓	✓	161 BBC Alba
✓	✓	✓	✓	162 BBC Two/HD*
✓	✓	✓	✓	163 BBC Four HD
✓	✓	✓	✓	164 Universal TV HD
✓	✓	✓	✓	165 SYFY HD
✓	✓	✓	✓	166 S4C
✓	✓	✓	✓	167 TLC
✓	✓	✓	✓	168 TLC HD
✓	✓	✓	✓	169 TLC +1
✓	✓	✓	✓	170 Investigation Discovery
✓	✓	✓	✓	171 Investigation Discovery +1
✓	✓	✓	✓	172 Quest
✓	✓	✓	✓	173 Quest +1
✓	✓	✓	✓	174 ITV3 +1
✓	✓	✓	✓	175 ITV4 +1
✓	✓	✓	✓	176 ITV2 HD
✓	✓	✓	✓	177 ITV3 HD
✓	✓	✓	✓	178 ITV4 HD
✓	✓	✓	✓	179 ITVBe HD
✓	✓	✓	✓	180 Challenge +1
✓	✓	✓	✓	181 Comedy Central HD
✓	✓	✓	✓	182 Comedy Central Extra
✓	✓	✓	✓	183 MTV HD
✓	✓	✓	✓	184 BET
✓	✓	✓	✓	185 5 USA +1
✓	✓	✓	✓	186 5STAR +1
✓	✓	✓	✓	187 Paramount Network HD
✓	✓	✓	✓	188 Paramount Network
✓	✓	✓	✓	189 True Entertainment
✓	✓	✓	✓	190 W +1
✓	✓	✓	✓	191 alibi +1
✓	✓	✓	✓	192 CBS Justice
✓	✓	✓	✓	193 Sony Crime Channel
✓	✓	✓	✓	194 Gold +1
✓	✓	✓	✓	195 More4 HD
✓	✓	✓	✓	196 More4 +1
✓	✓	✓	✓	197 CBS Drama
✓	✓	✓	✓	198 YouTube
✓	✓	✓	✓	199 FOX HD
✓	✓	✓	✓	200 Yesterday +1
✓	✓	✓	✓	201 CBS Reality +1
✓	✓	✓	✓	202 Horror Channel +1
✓	✓	✓	✓	203 4Seven HD
✓	✓	✓	✓	204 Netflix
✓	✓	✓	✓	206 Sky Arts HD
✓	✓	✓	✓	207 Real Lives +1
✓	✓	✓	✓	208 Lifetime®
✓	✓	✓	✓	209 Lifetime® HD
✓	✓	✓	✓	210 hayu
✓	✓	✓	✓	211 W HD
✓	✓	✓	✓	212 truTV
✓	✓	✓	✓	213 DMAX
✓	✓	✓	✓	214 DMAX +1
✓	✓	✓	✓	215 Quest Red
✓	✓	✓	✓	216 BLAZE®
✓	✓	✓	✓	217 Quest HD
✓	✓	✓	✓	218 YourTV
✓	✓	✓	✓	219 Vice
✓	✓	✓	✓	220 True Entertainment +1
✓	✓	✓	✓	223 Crime + Investigation
✓	✓	✓	✓	225 Lifetime® +1
✓	✓	✓	✓	226 alibi HD
✓	✓	✓	✓	227 Dave HD
✓	✓	✓	✓	991 BBC RB 1
✓	✓	✓	✓	999 Virgin TV Ultra HD

FACTUAL				
1	2	3	4	
✓	✓	✓	✓	245 Eden
✓	✓	✓	✓	246 Eden +1
✓	✓	✓	✓	247 Eden HD
✓	✓	✓	✓	250 Discovery
✓	✓	✓	✓	251 Discovery HD
✓	✓	✓	✓	252 Discovery +1
✓	✓	✓	✓	256 Animal Planet
✓	✓	✓	✓	257 Animal Planet HD
✓	✓	✓	✓	258 Animal Planet +1
✓	✓	✓	✓	259 Discovery Science
✓	✓	✓	✓	260 Discovery Science +1
✓	✓	✓	✓	261 Discovery Turbo
✓	✓	✓	✓	262 Discovery History
✓	✓	✓	✓	263 Discovery History +1
✓	✓	✓	✓	264 Nat Geo WILD
✓	✓	✓	✓	265 Nat Geo WILD HD
✓	✓	✓	✓	266 National Geographic
✓	✓	✓	✓	267 National Geographic +1
✓	✓	✓	✓	268 National Geographic HD
✓	✓	✓	✓	269 Together
✓	✓	✓	✓	270 HISTORY®
✓	✓	✓	✓	271 HISTORY® +1
✓	✓	✓	✓	272 Crime + Investigation HD
✓	✓	✓	✓	273 H2®
✓	✓	✓	✓	274 H2® HD
✓	✓	✓	✓	276 PBS America
✓	✓	✓	✓	277 Forces TV

LIFESTYLE				
1	2	3	4	
✓	✓	✓	✓	278 Good Food
✓	✓	✓	✓	279 Good Food HD
✓	✓	✓	✓	280 Good Food +1
✓	✓	✓	✓	281 Home
✓	✓	✓	✓	282 Home +1
✓	✓	✓	✓	284 Discovery Home & Health
✓	✓	✓	✓	285 Discovery Home & Health +1
✓	✓	✓	✓	286 Discovery Shed
✓	✓	✓	✓	287 God Channel
✓	✓	✓	✓	290 GINX
✓	✓	✓	✓	291 Food Network
✓	✓	✓	✓	292 Travel Channel
✓	✓	✓	✓	293 Love Nature HD
✓	✓	✓	✓	294 Love Nature
✓	✓	✓	✓	295 Crime + Investigation +1
✓	✓	✓	✓	298 Horse & Country
✓	✓	✓	✓	299 HISTORY® HD

MUSIC				
1	2	3	4	
✓	✓	✓	✓	300 VM Music
✓	✓	✓	✓	310 MTV Music
✓	✓	✓	✓	311 MTV Live HD
✓	✓	✓	✓	312 MTV Hits
✓	✓	✓	✓	313 MTV Base
✓	✓	✓	✓	314 MTV Dance
✓	✓	✓	✓	315 MTV Rocks
✓	✓	✓	✓	316 VH1
✓	✓	✓	✓	318 MTV OMG
✓	✓	✓	✓	330 Box Upfront
✓	✓	✓	✓	335 The Box
✓	✓	✓	✓	336 Box Hits
✓	✓	✓	✓	337 4Music
✓	✓	✓	✓	338 Kiss
✓	✓	✓	✓	340 Magic
✓	✓	✓	✓	342 Kerrang!
✓	✓	✓	✓	344 Vevo
✓	✓	✓	✓	345 Clubland TV
✓	✓	✓	✓	346 Now 80s

MOVIES				
1	2	3	4	
✓	✓	✓	✓	400 Virgin Movies Previews
✓	✓	✓	✓	401 Sky Cinema Premiere HD
✓	✓	✓	✓	402 Sky Cinema Premiere +1
✓	✓	✓	✓	403 Sky Cinema Hits HD
✓	✓	✓	✓	404 Sky Cinema Greats HD
✓	✓	✓	✓	405 Sky Cinema Disney HD
✓	✓	✓	✓	406 Sky Cinema Family HD
✓	✓	✓	✓	407 Sky Cinema Action HD
✓	✓	✓	✓	408 Sky Cinema Comedy HD
✓	✓	✓	✓	409 Sky Cinema Thriller HD
✓	✓	✓	✓	410 Sky Cinema Drama HD
✓	✓	✓	✓	411 Sky Cinema Sci-Fi & Horror HD
✓	✓	✓	✓	412 Sky Cinema Select HD
✓	✓	✓	✓	415 TCM
✓	✓	✓	✓	416 TCM HD
✓	✓	✓	✓	417 TCM +1
✓	✓	✓	✓	419 Movies 24
✓	✓	✓	✓	420 Movies 24 + 1
✓	✓	✓	✓	424 True Movies
✓	✓	✓	✓	425 Sony Movie Channel
✓	✓	✓	✓	426 Movies4Men
✓	✓	✓	✓	428 Film4
✓	✓	✓	✓	429 Film4 HD
✓	✓	✓	✓	430 Film4 +1
✓	✓	✓	✓	431 Sky Cinema Premiere
✓	✓	✓	✓	433 Sky Cinema Hits
✓	✓	✓	✓	434 Sky Cinema Greats
✓	✓	✓	✓	435 Sky Cinema Disney
✓	✓	✓	✓	436 Sky Cinema Family
✓	✓	✓	✓	437 Sky Cinema Action
✓	✓	✓	✓	438 Sky Cinema Comedy
✓	✓	✓	✓	439 Sky Cinema Thriller
✓	✓	✓	✓	440 Sky Cinema Drama
✓	✓	✓	✓	441 Sky Cinema Sci-Fi & Horror
✓	✓	✓	✓	442 Sky Cinema Select
✓	✓	✓	✓	445 Talking Pictures TV

SPORT				
1	2	3	4	
✓	✓	✓	✓	501 Sky Sports Main Event HD
✓	✓	✓	✓	502 Sky Sports Premier League HD
✓	✓	✓	✓	503 Sky Sports Football HD
✓	✓	✓	✓	504 Sky Sports Cricket HD
✓	✓	✓	✓	505 Sky Sports Golf HD
✓	✓	✓	✓	506 Sky Sports F1® HD
✓	✓	✓	✓	507 Sky Sports Action HD
✓	✓	✓	✓	508 Sky Sports Arena HD
✓	✓	✓	✓	509 Sky Sports News HD
✓	✓	✓	✓	510 Sky Sports Mix HD
✓	✓	✓	✓	511 Sky Sports Main Event
✓	✓	✓	✓	512 Sky Sports Premier League
✓	✓	✓	✓	513 Sky Sports Football
✓	✓	✓	✓	514 Sky Sports Cricket
✓	✓	✓	✓	515 Sky Sports Golf
✓	✓	✓	✓	516 Sky Sports F1®
✓	✓	✓	✓	517 Sky Sports Action
✓	✓	✓	✓	518 Sky Sports Arena
✓	✓	✓	✓	519 Sky Sports News
✓	✓	✓	✓	520 Sky Sports Mix
✓	✓	✓	✓	521 Eurosport 1 HD
✓	✓	✓	✓	522 Eurosport 2 HD
✓	✓	✓	✓	523 Eurosport 1
✓	✓	✓	✓	524 Eurosport 2
✓	✓	✓	✓	526 MUTV
✓	✓	✓	✓	527 BT Sport 1 HD
✓	✓	✓	✓	528 BT Sport 2 HD
✓	✓	✓	✓	529 BT Sport 3 HD
✓	✓	✓	✓	530 BT Sport ESPN HD
✓	✓	✓	✓	531 BT Sport 4K UHD
✓	✓	✓	✓	535 Sky Sports Racing
✓	✓	✓	✓	536 Racing UK HD
✓	✓	✓	✓	544 Liverpool FC TV
✓	✓	✓	✓	546 BoxNation
✓	✓	✓	✓	551 Premier Sports 1 HD
✓	✓	✓	✓	552 Premier Sports 2
✓	✓	✓	✓	553 FreeSports HD

NEWS				
1	2	3	4	
✓	✓	✓	✓	601 BBC News
✓	✓	✓	✓	602 Sky News
✓	✓	✓	✓	603 Sky News HD
✓	✓	✓	✓	604 BBC News HD
✓	✓	✓	✓	605 BBC Parliament
✓	✓	✓	✓	607 CNN
✓	✓	✓	✓	609 Bloomberg HD
✓	✓	✓	✓	613 CNBC
✓	✓	✓	✓	620 Euronews
✓	✓	✓	✓	621 NDTV 24x7
✓	✓	✓	✓	622 Al Jazeera English
✓	✓	✓	✓	624 France 24 English HD
✓	✓	✓	✓	625 NHKworldHD

KIDS				
1	2	3	4	
		✓	✓	700 My Virgin TV Kids
✓	✓	✓	✓	701 CBBC
✓	✓	✓	✓	702 CBeebies
				703 Baby TV
	✓	✓	✓	704 Cartoon Network
	✓	✓	✓	705 Cartoon Network +1
	✓	✓	✓	706 Cartoonito
			✓	707 Disney XD
✓	✓	✓	✓	710 CBBC HD
✓	✓	✓	✓	711 CBeebies HD
		✓	✓	712 Nickelodeon
		✓	✓	713 Nick +1
			✓	714 Nick HD
		✓	✓	715 Nick Jr.
			✓	716 Nick Jr. Too
		✓	✓	717 Nicktoons
			✓	724 Disney Channel
			✓	725 Disney Channel +1
			✓	727 Disney Junior
	✓	✓	✓	730 Boomerang
	✓	✓	✓	731 Boomerang +1
			✓	732 Cartoon Network HD
✓	✓	✓	✓	734 CITV
✓	✓	✓	✓	736 Pop
✓	✓	✓	✓	737 Tiny Pop
			✓	739 ZooMoo HD