



CHANNEL GUIDE

JANUARY 2020

KEY

1 PLAYER	1 MIXIT
2 MIX	2 MAXIT
3 FUN	PREMIUM CHANNELS
4 FULL HOUSE	+ PERSONAL PICKS

HOW TO FIND WHICH CHANNELS YOU CAN GET

- Match your package to the column
- If there's a tick in your column, you get that channel
- If there's a plus sign, it's available as part of a Personal Pick collection

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	101 BBC One/HD*
✓	✓	✓	✓	✓	+	110 Sky One

ENTERTAINMENT

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	100 Virgin Media Previews HD
✓	✓	✓	✓	✓	✓	101 BBC One HD*
✓	✓	✓	✓	✓	✓	102 BBC Two HD
✓	✓	✓	✓	✓	✓	103 ITV/STV HD*
✓	✓	✓	✓	✓	✓	104 Channel 4
✓	✓	✓	✓	✓	✓	105 Channel 5 HD
✓	✓	✓	✓	✓	✓	106 E4
✓	✓	✓	✓	✓	✓	107 BBC Four HD
✓	✓	✓	✓	✓	✓	108 BBC One HD/BBC Scotland HD*
✓	✓	✓	✓	✓	✓	109 Sky One HD
✓	✓	✓	✓	✓	+	110 Sky One
✓	✓	✓	✓	✓	✓	111 Sky Witness HD
✓	✓	✓	✓	✓	+	112 Sky Witness
✓	✓	✓	✓	✓	✓	113 ITV HD*
✓	✓	✓	✓	✓	✓	114 ITV +1
✓	✓	✓	✓	✓	✓	115 ITV2
✓	✓	✓	✓	✓	✓	116 ITV2 +1
✓	✓	✓	✓	✓	✓	117 ITV3
✓	✓	✓	✓	✓	✓	118 ITV4
✓	✓	✓	✓	✓	✓	119 ITVBe
✓	✓	✓	✓	✓	✓	120 ITVBe +1
✓	✓	✓	✓	✓	✓	121 Universal TV HD
✓	✓	✓	✓	✓	+	122 Universal TV
✓	✓	✓	✓	✓	+	123 Sky Arts
✓	✓	✓	✓	✓	+	124 GOLD HD
✓	✓	✓	✓	✓	✓	125 W
✓	✓	✓	✓	✓	+	126 alibi
✓	✓	✓	✓	✓	✓	127 Dave
✓	✓	✓	✓	✓	✓	128 Really
✓	✓	✓	✓	✓	✓	129 Yesterday
✓	✓	✓	✓	✓	✓	130 Drama
✓	✓	✓	✓	✓	✓	131 Dave ja vu
✓	✓	✓	✓	✓	+	132 Comedy Central HD
✓	✓	✓	✓	✓	+	133 Comedy Central +1
✓	✓	✓	✓	✓	+	134 MTV HD
✓	✓	✓	✓	✓	✓	135 Sky Crime HD
✓	✓	✓	✓	✓	✓	136 Sky Crime
✓	✓	✓	✓	✓	✓	137 SYFY HD
✓	✓	✓	✓	✓	+	138 SYFY
✓	✓	✓	✓	✓	✓	139 E! HD
✓	✓	✓	✓	✓	+	140 E!
✓	✓	✓	✓	✓	✓	141 Channel 4 HD
✓	✓	✓	✓	✓	✓	142 Channel 4 +1
✓	✓	✓	✓	✓	✓	143 4Seven
✓	✓	✓	✓	✓	+	145 E4 HD
✓	✓	✓	✓	✓	✓	146 E4 +1
✓	✓	✓	✓	✓	✓	147 More4
✓	✓	✓	✓	✓	✓	148 CBS Reality
✓	✓	✓	✓	✓	✓	149 Horror Channel
✓	✓	✓	✓	✓	✓	150 Paramount Network HD
✓	✓	✓	✓	✓	✓	151 5STAR
✓	✓	✓	✓	✓	✓	152 5Select
✓	✓	✓	✓	✓	✓	153 5 USA
✓	✓	✓	✓	✓	✓	154 Channel 5
✓	✓	✓	✓	✓	✓	155 Channel 5 +1
✓	✓	✓	✓	✓	✓	156 Sky Arts HD
✓	✓	✓	✓	✓	+	157 FOX
✓	✓	✓	✓	✓	+	158 FOX +1
✓	✓	✓	✓	✓	✓	159 Regional Channels
✓	✓	✓	✓	✓	+	160 Sky Two
✓	✓	✓	✓	✓	✓	161 BBC Alba
✓	✓	✓	✓	✓	✓	162 BBC Scotland HD*
✓	✓	✓	✓	✓	✓	164 Challenge
✓	✓	✓	✓	✓	✓	165 Pick
✓	✓	✓	✓	✓	✓	166 S4C HD
✓	✓	✓	✓	✓	+	167 TLC HD
✓	✓	✓	✓	✓	+	168 Investigation Discovery
✓	✓	✓	✓	✓	✓	169 Quest HD
✓	✓	✓	✓	✓	✓	170 Quest Red
✓	✓	✓	✓	✓	+	171 DMAX
✓	✓	✓	✓	✓	✓	172 TLC +1
✓	✓	✓	✓	✓	+	173 Investigation Discovery +1
✓	✓	✓	✓	✓	✓	174 ITV3 +1
✓	✓	✓	✓	✓	✓	175 ITV4 +1
✓	✓	✓	✓	✓	+	176 ITV2 HD
✓	✓	✓	✓	✓	+	177 ITV3 HD
✓	✓	✓	✓	✓	+	178 ITV4 HD
✓	✓	✓	✓	✓	+	179 ITVBe HD
✓	✓	✓	✓	✓	+	180 Sky Witness +1
✓	✓	✓	✓	✓	✓	181 Comedy Central
✓	✓	✓	✓	✓	+	182 Comedy Central Extra
✓	✓	✓	✓	✓	+	183 MTV
✓	✓	✓	✓	✓	✓	184 BET
✓	✓	✓	✓	✓	✓	185 5 USA +1
✓	✓	✓	✓	✓	✓	186 5STAR +1
✓	✓	✓	✓	✓	✓	187 Paramount Network
✓	✓	✓	✓	✓	✓	189 Sony Channel
✓	✓	✓	✓	✓	+	190 W +1
✓	✓	✓	✓	✓	+	191 alibi +1
✓	✓	✓	✓	✓	✓	192 CBS Justice
✓	✓	✓	✓	✓	+	194 GOLD +1
✓	✓	✓	✓	✓	+	195 More4 HD
✓	✓	✓	✓	✓	✓	196 More4 +1
✓	✓	✓	✓	✓	✓	197 CBS Drama
✓	✓	✓	✓	✓	✓	198 YouTube
✓	✓	✓	✓	✓	+	199 FOX HD
✓	✓	✓	✓	✓	✓	200 Yesterday +1
✓	✓	✓	✓	✓	✓	201 CBS Reality +1
✓	✓	✓	✓	✓	✓	202 Horror Channel +1
✓	✓	✓	✓	✓	✓	203 4Seven HD
✓	✓	✓	✓	✓	✓	204 Netflix
✓	✓	✓	✓	✓	+	206 Universal TV +1
✓	✓	✓	✓	✓	✓	207 Sky Crime +1
✓	✓	✓	✓	✓	+	208 Lifetime® HD
✓	✓	✓	✓	✓	+	209 Crime + Investigation HD
✓	✓	✓	✓	✓	✓	210 hayu
✓	✓	✓	✓	✓	+	211 W HD
✓	✓	✓	✓	✓	+	212 alibi HD
✓	✓	✓	✓	✓	✓	213 Quest +1
✓	✓	✓	✓	✓	+	214 DMAX +1
✓	✓	✓	✓	✓	✓	216 BLAZE®
✓	✓	✓	✓	✓	✓	219 VICE
✓	✓	✓	✓	✓	✓	220 Sony Channel +1
✓	✓	✓	✓	✓	+	222 Crime + Investigation +1
✓	✓	✓	✓	✓	✓	226 Drama +1
✓	✓	✓	✓	✓	+	227 Dave HD
✓	✓	✓	✓	✓	✓	228 Amazon Prime Video
✓	✓	✓	✓	✓	+	229 SYFY +1
✓	✓	✓	✓	✓	✓	230 Challenge +1
✓	✓	✓	✓	✓	✓	991 BBC RB 1
✓	✓	✓	✓	✓	✓	999 Virgin TV Ultra HD

FACTUAL & LIFESTYLE

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	245 Eden
✓	✓	✓	✓	✓	+	246 Eden +1
✓	✓	✓	✓	✓	+	247 Eden HD
✓	✓	✓	✓	✓	✓	250 Discovery HD
✓	✓	✓	✓	✓	✓	251 Animal Planet HD
✓	✓	✓	✓	✓	+	252 Discovery Science
✓	✓	✓	✓	✓	+	256 Discovery Turbo
✓	✓	✓	✓	✓	✓	257 Discovery History
✓	✓	✓	✓	✓	+	258 Discovery +1
✓	✓	✓	✓	✓	+	259 Animal Planet +1
✓	✓	✓	✓	✓	✓	260 Discovery Science +1
✓	✓	✓	✓	✓	+	261 Discovery History +1
✓	✓	✓	✓	✓	+	264 National Geographic WILD
✓	✓	✓	✓	✓	+	265 National Geographic WILD HD
✓	✓	✓	✓	✓	✓	266 National Geographic
✓	✓	✓	✓	✓	+	267 National Geographic +1
✓	✓	✓	✓	✓	+	268 National Geographic HD
✓	✓	✓	✓	✓	✓	269 Together
✓	✓	✓	✓	✓	✓	270 HISTORY® HD
✓	✓	✓	✓	✓	✓	271 HISTORY® +1
✓	✓	✓	✓	✓	+	272 HISTORY2® HD
✓	✓	✓	✓	✓	✓	273 PBS America
✓	✓	✓	✓	✓	✓	274 Forces TV
✓	✓	✓	✓	✓	+	275 Love Nature HD
✓	✓	✓	✓	✓	✓	276 Smithsonian Channel HD
✓	✓	✓	✓	✓	✓	278 Food Network
✓	✓	✓	✓	✓	✓	279 Home
✓	✓	✓	✓	✓	+	280 Discovery Home & Health
✓	✓	✓	✓	✓	+	281 Discovery Shed
✓	✓	✓	✓	✓	✓	282 Travel Channel
✓	✓	✓	✓	✓	✓	283 Home +1
✓	✓	✓	✓	✓	+	284 Discovery Home & Health +1
✓	✓	✓	✓	✓	✓	287 God Channel
✓	✓	✓	✓	✓	✓	298 Horse & Country

MUSIC

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	300 VM Music
✓	✓	✓	✓	✓	+	310 MTV Music
✓	✓	✓	✓	✓	+	311 MTV Live HD
✓	✓	✓	✓	✓	✓	312 MTV Hits
✓	✓	✓	✓	✓	+	313 MTV Base
✓	✓	✓	✓	✓	+	314 Club MTV
✓	✓	✓	✓	✓	✓	315 MTV Rocks
✓	✓	✓	✓	✓	+	316 MTV Classic
✓	✓	✓	✓	✓	+	318 MTV OMG
✓	✓	✓	✓	✓	+	335 The Box
✓	✓	✓	✓	✓	✓	336 Box Hits
✓	✓	✓	✓	✓	✓	337 4Music
✓	✓	✓	✓	✓	+	338 Kiss
✓	✓	✓	✓	✓	+	340 Magic
✓	✓	✓	✓	✓	+	342 Kerrang!
✓	✓	✓	✓	✓	✓	344 Vevo
✓	✓	✓	✓	✓	✓	345 Clubland TV
✓	✓	✓	✓	✓	✓	346 Now 80s
✓	✓	✓	✓	✓	✓	347 Now 90s
✓	✓	✓	✓	✓	✓	348 Now 70s

MOVIES

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	400 Virgin Movies Previews
✓	✓	✓	✓	✓	✓	401 Sky Cinema Premiere HD
✓	✓	✓	✓	✓	✓	402 Sky Cinema Select HD
✓	✓	✓	✓	✓	✓	403 Sky Cinema Hits HD
✓	✓	✓	✓	✓	✓	404 Sky Cinema Greats HD
✓	✓	✓	✓	✓	✓	405 Sky Cinema Disney HD
✓	✓	✓	✓	✓	✓	406 Sky Cinema Family HD
✓	✓	✓	✓	✓	✓	407 Sky Cinema Action HD
✓	✓	✓	✓	✓	✓	408 Sky Cinema Comedy HD
✓	✓	✓	✓	✓	✓	409 Sky Cinema Thriller HD
✓	✓	✓	✓	✓	✓	410 Sky Cinema Drama HD
✓	✓	✓	✓	✓	✓	411 Sky Cinema Sci-Fi & Horror HD
✓	✓	✓	✓	✓	✓	412 Sky Cinema Premiere +1
✓	✓	✓	✓	✓	+	415 TCM Movies
✓	✓	✓	✓	✓	+	416 TCM Movies HD
✓	✓	✓	✓	✓	+	417 TCM Movies +1
✓	✓	✓	✓	✓	✓	419 Movies 24
✓	✓	✓	✓	✓	+	420 Movies 24 +
✓	✓	✓	✓	✓	✓	424 Sony Movies Christmas
✓	✓	✓	✓	✓	✓	425 Sony Movies
✓	✓	✓	✓	✓	✓	426 Sony Movies Action
✓	✓	✓	✓	✓	✓	428 Film4
✓	✓	✓	✓	✓	+	429 Film4 HD
✓	✓	✓	✓	✓	✓	430 Film4 +1
✓	✓	✓	✓	✓	✓	445 Talking Pictures TV

SPORT

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	501 Sky Sports Main Event HD
✓	✓	✓	✓	✓	✓	502 Sky Sports Premier League HD
✓	✓	✓	✓	✓	✓	503 Sky Sports Football HD
✓	✓	✓	✓	✓	✓	504 Sky Sports Cricket HD
✓	✓	✓	✓	✓	✓	505 Sky Sports Golf HD
✓	✓	✓	✓	✓	✓	506 Sky Sports F1® HD
✓	✓	✓	✓	✓	✓	507 Sky Sports Action HD
✓	✓	✓	✓	✓	✓	508 Sky Sports Arena HD
✓	✓	✓	✓	✓	✓	509 Sky Sports News HD
✓	✓	✓	✓	✓	✓	510 Sky Sports Main Event
✓	✓	✓	✓	✓	✓	511 Sky Sports Premier League
✓	✓	✓	✓	✓	✓	513 Sky Sports Football
✓	✓	✓	✓	✓	✓	514 Sky Sports Cricket
✓	✓	✓	✓	✓	✓	515 Sky Sports Golf
✓	✓	✓	✓	✓	✓	516 Sky Sports F1®
✓	✓	✓	✓	✓	✓	517 Sky Sports Action
✓	✓	✓	✓	✓	✓	518 Sky Sports Arena
✓	✓	✓	✓	✓	+	519 Sky Sports News

✓	✓	✓	+	✓	520 Sky Sports Mix
✓	✓	✓	+	✓	521 Eurosport 1 HD
✓	✓	✓	+	✓	522 Eurosport 2 HD
					526 MUTV
		✓		✓	527 BT Sport 1 HD
				✓	528 BT Sport 2 HD
		✓		✓	529 BT Sport 3 HD
				✓	530 BT Sport ESPN HD
		✓		✓	531 BT Sport Ultimate
✓	✓	✓	✓	✓	535 Sky Sports Racing
					536 Racing TV HD
					544 LFC TV HD
					546 BoxNation
					551 Premier Sports 1 HD
					552 Premier Sports 2 HD
✓	✓	✓	✓	✓	553 FreeSports HD