



# CHANNEL GUIDE

JANUARY 2020

KEY	
1 PLAYER	1 MIXIT
2 MIX	2 MAXIT
3 FUN	PREMIUM CHANNELS
4 FULL HOUSE	+ PERSONAL PICKS

## HOW TO FIND WHICH CHANNELS YOU CAN GET

- Match your package to the column
- If there's a tick in your column, you get that channel
- If there's a plus sign, it's available as part of a Personal Pick collection

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	101 BBC One/HD*
✓	✓	✓	✓	✓	+	110 Sky One

## ENTERTAINMENT

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	100 Virgin Media Previews HD
✓	✓	✓	✓	✓	✓	101 BBC One HD*
✓	✓	✓	✓	✓	✓	102 BBC Two HD
✓	✓	✓	✓	✓	✓	103 ITV/STV HD*
✓	✓	✓	✓	✓	✓	104 Channel 4
✓	✓	✓	✓	✓	✓	105 Channel 5 HD
✓	✓	✓	✓	✓	✓	106 E4
✓	✓	✓	✓	✓	✓	107 BBC Four HD
✓	✓	✓	✓	✓	✓	108 BBC One HD/BBC Scotland HD*
	✓	✓	✓	✓	✓	109 Sky One HD
	✓	✓	+	✓	✓	110 Sky One
	✓	✓	✓	✓	✓	111 Sky Witness HD
✓	✓	✓	+	✓	✓	112 Sky Witness
✓	✓	✓	✓	✓	✓	113 ITV HD*
✓	✓	✓	✓	✓	✓	114 ITV +1
✓	✓	✓	✓	✓	✓	115 ITV2
✓	✓	✓	✓	✓	✓	116 ITV2 +1
✓	✓	✓	✓	✓	✓	117 ITV3
✓	✓	✓	✓	✓	✓	118 ITV4
✓	✓	✓	✓	✓	✓	119 ITVBe
✓	✓	✓	✓	✓	✓	120 ITVBe +1
	✓	✓	+	✓	✓	121 Universal TV HD
	✓	✓	✓	✓	✓	122 Universal TV
	✓	✓	+	✓	✓	123 Sky Arts
	✓	✓	+	✓	✓	124 GOLD HD
	✓	✓	✓	✓	✓	125 W
	✓	✓	+	✓	✓	126 alibi
✓	✓	✓	✓	✓	✓	127 Dave
✓	✓	✓	✓	✓	✓	128 Really
✓	✓	✓	✓	✓	✓	129 Yesterday
✓	✓	✓	✓	✓	✓	130 Drama
✓	✓	✓	✓	✓	✓	131 Dave ja vu
	✓	+	✓	✓	✓	132 Comedy Central
	✓	+	✓	✓	✓	133 Comedy Central +1
		+	✓	✓	✓	134 MTV HD
	✓	✓	✓	✓	✓	135 Sky Crime HD
	✓	✓	✓	✓	✓	136 Sky Crime
	✓	✓	✓	✓	✓	137 SYFY HD
	✓	✓	+	✓	✓	138 SYFY
	✓	✓	✓	✓	✓	139 E! HD
	✓	✓	+	✓	✓	140 E!
✓	✓	✓	✓	✓	✓	141 Channel 4 HD
✓	✓	✓	✓	✓	✓	142 Channel 4 +1
✓	✓	✓	✓	✓	✓	143 4Seven
		+	✓	✓	✓	145 E4 HD
✓	✓	✓	✓	✓	✓	146 E4 +1
✓	✓	✓	✓	✓	✓	147 More4
✓	✓	✓	✓	✓	✓	148 CBS Reality
✓	✓	✓	✓	✓	✓	149 Horror Channel
✓	✓	✓	✓	✓	✓	150 Paramount Network HD
✓	✓	✓	✓	✓	✓	151 5STAR
✓	✓	✓	✓	✓	✓	152 5Select
✓	✓	✓	✓	✓	✓	153 5 USA
✓	✓	✓	✓	✓	✓	154 Channel 5
✓	✓	✓	✓	✓	✓	155 Channel 5 +1
	✓	✓	+	✓	✓	156 Sky Arts HD
	✓	✓	✓	✓	✓	157 FOX
	✓	✓	+	✓	✓	158 FOX +1
✓	✓	✓	✓	✓	✓	159 Regional Channels
	✓	✓	+	✓	✓	160 Sky Two
✓	✓	✓	✓	✓	✓	161 BBC Alba
✓	✓	✓	✓	✓	✓	162 BBC Scotland HD*
✓	✓	✓	✓	✓	✓	164 Challenge
✓	✓	✓	✓	✓	✓	165 Pick
✓	✓	✓	✓	✓	✓	166 S4C HD
	✓	✓	+	✓	✓	167 TLC HD
	✓	✓	+	✓	✓	168 Investigation Discovery
✓	✓	✓	✓	✓	✓	169 Quest HD
✓	✓	✓	✓	✓	✓	170 Quest Red
	✓	✓	+	✓	✓	171 DMAX
	✓	✓	✓	✓	✓	172 TLC +1
	✓	✓	+	✓	✓	173 Investigation Discovery +1
✓	✓	✓	✓	✓	✓	174 ITV3 +1
✓	✓	✓	✓	✓	✓	175 ITV4 +1
		+	✓	✓	✓	176 ITV2 HD
		✓	+	✓	✓	177 ITV3 HD
		✓	+	✓	✓	178 ITV4 HD
		✓	+	✓	✓	179 ITVBe HD
	✓	✓	+	✓	✓	180 Sky Witness +1
✓	✓	✓	✓	✓	✓	181 Comedy Central
	✓	✓	+	✓	✓	182 Comedy Central Extra
	✓	✓	+	✓	✓	183 MTV
✓	✓	✓	✓	✓	✓	184 BET
✓	✓	✓	✓	✓	✓	185 5 USA +1
✓	✓	✓	✓	✓	✓	186 5STAR +1
✓	✓	✓	✓	✓	✓	187 Paramount Network
✓	✓	✓	✓	✓	✓	189 Sony Channel
	✓	✓	+	✓	✓	190 W +1
	✓	✓	✓	✓	✓	191 alibi +1
✓	✓	✓	✓	✓	✓	192 CBS Justice
	✓	✓	+	✓	✓	194 GOLD +1
		+	✓	✓	✓	195 More4 HD
✓	✓	✓	✓	✓	✓	196 More4 +1
✓	✓	✓	✓	✓	✓	197 CBS Drama
✓	✓	✓	✓	✓	✓	198 YouTube
	✓	✓	+	✓	✓	199 FOX HD
✓	✓	✓	✓	✓	✓	200 Yesterday +1
✓	✓	✓	✓	✓	✓	201 CBS Reality +1
✓	✓	✓	✓	✓	✓	202 Horror Channel +1
✓	✓	✓	✓	✓	✓	203 4Seven HD
	✓	✓	+	✓	✓	204 Netflix
	✓	✓	+	✓	✓	206 Universal TV +1
✓	✓	✓	✓	✓	✓	207 Sky Crime +1
	✓	✓	+	✓	✓	208 Lifetime® HD
	✓	✓	+	✓	✓	209 Crime + Investigation HD
		✓	✓	✓	✓	210 alibi
		✓	+	✓	✓	211 W HD
		✓	+	✓	✓	212 alibi HD
✓	✓	✓	✓	✓	✓	213 Quest +1
✓	✓	✓	✓	✓	✓	214 DMAX +1
✓	✓	✓	✓	✓	✓	216 BLAZE®
✓	✓	✓	✓	✓	✓	219 VICE
✓	✓	✓	✓	✓	✓	220 Sony Channel +1
	✓	✓	+	✓	✓	222 Crime + Investigation +1
✓	✓	✓	✓	✓	✓	226 Drama +1
	✓	✓	+	✓	✓	227 Dave HD
		✓	✓	✓	✓	228 Amazon Prime Video
	✓	✓	+	✓	✓	229 SYFY +1
✓	✓	✓	✓	✓	✓	230 Challenge +1
✓	✓	✓	✓	✓	✓	991 BBC RB 1
	✓	✓	✓	✓	✓	999 Virgin TV Ultra HD

## FACTUAL & LIFESTYLE

1	2	3	4	5	6	
	✓	✓	+	✓	✓	245 Eden
	✓	✓	+	✓	✓	246 Eden +1
	✓	✓	+	✓	✓	247 Eden HD
	✓	✓	+	✓	✓	250 Discovery HD
	✓	✓	+	✓	✓	251 Animal Planet HD
	✓	✓	+	✓	✓	252 Discovery Science
	✓	✓	+	✓	✓	256 Discovery Turbo
	✓	✓	+	✓	✓	257 Discovery History
	✓	✓	+	✓	✓	258 Discovery +1
	✓	✓	+	✓	✓	259 Animal Planet +1
	✓	✓	+	✓	✓	260 Discovery Science +1
	✓	✓	+	✓	✓	261 Discovery History +1
	✓	✓	+	✓	✓	264 National Geographic WILD
	✓	✓	+	✓	✓	265 National Geographic WILD HD
	✓	✓	+	✓	✓	266 National Geographic
	✓	✓	+	✓	✓	267 National Geographic +1
	✓	✓	+	✓	✓	268 National Geographic HD
✓	✓	✓	✓	✓	✓	269 Together
	✓	✓	+	✓	✓	270 HISTORY® HD
	✓	✓	+	✓	✓	271 HISTORY® +1
	✓	✓	+	✓	✓	272 HISTORY2® HD
✓	✓	✓	✓	✓	✓	273 PBS America
✓	✓	✓	✓	✓	✓	274 Forces TV
	✓	✓	+	✓	✓	275 Love Nature HD
✓	✓	✓	✓	✓	✓	276 Smithsonian Channel HD
✓	✓	✓	✓	✓	✓	278 Food Network
✓	✓	✓	✓	✓	✓	279 HGTV
	✓	✓	+	✓	✓	280 Discovery Home & Health
	✓	✓	+	✓	✓	281 Discovery Shed
✓	✓	✓	✓	✓	✓	282 Travel Channel
✓	✓	✓	✓	✓	✓	283 HGTV +1
	✓	✓	+	✓	✓	284 Discovery Home & Health +1
✓	✓	✓	✓	✓	✓	287 God Channel
✓	✓	✓	✓	✓	✓	298 Horse & Country

## MUSIC

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	300 VM Music
	✓	✓	+	✓	✓	310 MTV Music
	✓	✓	+	✓	✓	311 MTV Live HD
✓	✓	✓	✓	✓	✓	312 MTV Hits
	✓	✓	+	✓	✓	313 MTV Base
✓	✓	✓	✓	✓	✓	314 Club MTV
✓	✓	✓	✓	✓	✓	315 MTV Rocks
	✓	✓	+	✓	✓	316 MTV Classic
✓	✓	✓	✓	✓	✓	318 MTV OMG
	✓	✓	+	✓	✓	335 The Box
	✓	✓	+	✓	✓	336 Box Hits
✓	✓	✓	✓	✓	✓	337 4Music
✓	✓	✓	✓	✓	✓	338 Kiss
	✓	✓	+	✓	✓	340 Magic
	✓	✓	+	✓	✓	342 Kerrang!
✓	✓	✓	✓	✓	✓	344 Vevo
✓	✓	✓	✓	✓	✓	345 Clubland TV
✓	✓	✓	✓	✓	✓	346 Now 80s
✓	✓	✓	✓	✓	✓	347 Now 90s
✓	✓	✓	✓	✓	✓	348 Now 70s

## MOVIES

1	2	3	4	5	6	
✓	✓	✓	✓	✓	✓	400 Virgin Movies Previews
	✓	✓	✓	✓	✓	401 Sky Cinema Premiere HD
	✓	✓	✓	✓	✓	402 Sky Cinema Select HD
	✓	✓	✓	✓	✓	403 Sky Cinema Hits HD
	✓	✓	✓	✓	✓	404 Sky Cinema Greats HD
	✓	✓	✓	✓	✓	405 Sky Cinema Disney HD
	✓	✓	✓	✓	✓	406 Sky Cinema Family HD
	✓	✓	✓	✓	✓	407 Sky Cinema Action HD
	✓	✓	✓	✓	✓	408 Sky Cinema Comedy HD
	✓	✓	✓	✓	✓	409 Sky Cinema Thriller HD
	✓	✓	✓	✓	✓	410 Sky Cinema Drama HD
	✓	✓	✓	✓	✓	411 Sky Cinema Sci-Fi & Horror HD
	✓	✓	✓	✓	✓	412 Sky Cinema Premiere +1
	✓	✓	+	✓	✓	415 TCM Movies
	✓	✓	+	✓	✓	416 TCM Movies HD
	✓	✓	+	✓	✓	417 TCM Movies +1
	✓	✓	+	✓	✓	419 Movies 24
	✓	✓	+	✓	✓	420 Movies 24 +
✓	✓	✓	✓	✓	✓	424 Sony Movies Classic
✓	✓	✓	✓	✓	✓	425 Sony Movies
✓	✓	✓	✓	✓	✓	426 Sony Movies Action
✓	✓	✓	✓	✓	✓	428 Film4
	✓	✓	+	✓	✓	429 Film4 HD
✓	✓	✓	✓	✓	✓	430 Film4 +1
✓	✓	✓	✓	✓	✓	445 Talking Pictures TV

## SPORT

1	2	3	4	5	6	
	✓	✓	✓	✓	✓	501 Sky Sports Main Event HD
	✓	✓	✓	✓	✓	502 Sky Sports Premier League HD
	✓	✓	✓	✓	✓	503 Sky Sports Football HD
	✓	✓	✓	✓	✓	504 Sky Sports Cricket HD
	✓	✓	✓	✓	✓	505 Sky Sports Golf HD
	✓	✓	✓	✓	✓	506 Sky Sports F1® HD
	✓	✓	✓	✓	✓	507 Sky Sports Action HD
	✓	✓	✓	✓	✓	508 Sky Sports Arena HD
	✓	✓	✓	✓	✓	509 Sky Sports News HD
	✓	✓	✓	✓	✓	510 Sky Sports Mix HD
	✓	✓	✓	✓	✓	511 Sky Sports Main Event
	✓	✓	✓	✓	✓	512 Sky Sports Premier League
	✓	✓	✓	✓	✓	513 Sky Sports Football
	✓	✓	✓	✓	✓	514 Sky Sports Cricket
	✓	✓	✓	✓	✓	515 Sky Sports Golf
	✓	✓	✓	✓	✓	516 Sky Sports F1®
	✓	✓	✓	✓	✓	517 Sky Sports Action
	✓					