



# CHANNEL GUIDE

JULY 2018

## KEY

|   |            |                  |
|---|------------|------------------|
| 1 | PLAYER     | PREMIUM CHANNELS |
| 2 | MORE       |                  |
| 3 | M+         |                  |
| 4 | MIX        |                  |
| 5 | FUN        |                  |
| 6 | FULL HOUSE |                  |

## HOW TO FIND WHICH CHANNELS YOU HAVE

- Match your package to the column
- If there's a tick in your column, you get that channel

### ENTERTAINMENT

| 1 | 2 | 3 | 4 | 5 | 6 | 100 | Virgin Media Previews      |
|---|---|---|---|---|---|-----|----------------------------|
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 101 | BBC One                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 102 | BBC Two                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 103 | ITV                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 104 | Channel 4                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 105 | Channel 5                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 106 | E4                         |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 107 | BBC Four                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 108 | BBC One HD                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 109 | Sky One                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 110 | Sky Living HD              |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 111 | Sky Living                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 112 | ITV HD                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 113 | ITV +1                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 114 | ITV2                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 115 | ITV2 +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 116 | ITV3                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 117 | ITV4                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 118 | ITVBe                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 119 | ITVBe +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 120 | Sky Two                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 121 | Sky Arts                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 122 | Pick                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 123 | Comedy Central             |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 124 | Comedy Central +1          |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 125 | MTV                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 126 | SYFY                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 127 | SYFY +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 128 | Universal TV               |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 129 | Universal TV +1            |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 130 | Challenge                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 140 | Sky Living +1              |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 141 | Channel 4 HD               |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 142 | Channel 4 +1               |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 143 | 4Seven                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 145 | E4 HD                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 146 | E4 +1                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 147 | More4                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 148 | CBS Reality                |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 149 | Horror Channel             |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 150 | Channel 5 HD               |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 151 | 5STAR                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 152 | 5Select                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 153 | 5 USA                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 154 | 5 Spike                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 155 | Channel 5 +1               |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 156 | E!                         |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 157 | FOX                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 158 | FOX +1                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 159 | Regional Channels          |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 160 | Real Lives                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 161 | BBC Alba                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 162 | BBC Two HD                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 163 | BBC Four HD                |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 164 | Universal TV HD            |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 165 | SYFY HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 166 | S4C                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 167 | TLC                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 168 | TLC HD                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 169 | TLC +1                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 170 | Investigation Discovery    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 171 | Investigation Discovery +1 |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 172 | Quest                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 173 | Quest +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 174 | ITV3 +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 175 | ITV4 +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 176 | ITV2 HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 177 | ITV3 HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 178 | ITV4 HD                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 179 | ITVBe HD                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 180 | Challenge +1               |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 181 | Comedy Central HD          |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 182 | Comedy Central Extra       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 183 | MTV HD                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 184 | BET                        |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 185 | 5 USA +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 186 | 5 STAR +1                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 187 | Paramount Network HD       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 188 | Paramount Network          |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 189 | True Entertainment         |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 192 | CBS Action                 |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 193 | Sony Crime Channel         |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 195 | More4 HD                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 196 | More4 +1                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 197 | CBS Drama                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 198 | YouTube                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 199 | FOX HD                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 201 | CBS Reality +1             |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 202 | Horror Channel +1          |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 203 | 4Seven HD                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 204 | Netflix                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 206 | Sky Arts HD                |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 207 | Real Lives +1              |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 208 | Lifetime®                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 209 | Lifetime® HD               |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 210 | hayu                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 212 | truTV                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 213 | DMAX                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 214 | DMAX +1                    |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 215 | Quest Red                  |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 216 | BLAZE®                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 217 | Quest HD                   |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 218 | YourTV                     |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 219 | Vice                       |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 220 | True Entertainment +1      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 222 | C& HD                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 224 | C& +1                      |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 225 | Lifetime® +1               |
| ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | 991 | BBC RB 1                   |

## FACTUAL

| 1     | 2 | 3 | 4 | 5 | 6 | 250 | Discovery              |
|-------|---|---|---|---|---|-----|------------------------|
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 251 | Discovery HD           |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 252 | Discovery +1           |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 253 | Animal Planet          |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 257 | Animal Planet HD       |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 258 | Animal Planet +1       |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 259 | Discovery Science      |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 260 | Discovery Science +1   |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 261 | Discovery Turbo        |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 262 | Discovery History      |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 263 | Discovery History +1   |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 264 | Nat Geo WILD           |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 265 | Nat Geo WILD HD        |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 266 | National Geographic    |
| ✓     | ✓ | ✓ | ✓ | ✓ | ✓ | 267 | National Geographic +1 |
| ✓</td |   |   |   |   |   |     |                        |