



PERSONAL PICKS

ENTERTAINMENT & DRAMA

110 Sky One	140 Sky Witness +1	195 More4 HD
112 Sky Witness	145 E4 HD	199 FOX HD
121 Sky Two	157 FOX	211 W HD
124 GOLD HD	158 FOX +1	226 alibi HD
125 W	176 ITV2 HD	227 Dave HD
126 alibi	177 ITV3 HD	415 TCM
132 Comedy Central	178 ITV4 HD	416 TCM HD
133 Comedy Central +1	179 ITVBe HD	417 TCM +1
135 SYFY	181 Comedy Central HD	419 Movies 24
136 SYFY +1	190 W +1	420 Movies 24 + 1
137 Universal TV	191 alibi +1	429 Film4 HD
138 Universal TV +1	194 GOLD +1	

ENTERTAINMENT & DOCUMENTARIES

110 Sky One	195 More4 HD	260 Discovery Science +1
112 Sky Witness	209 Crime + Investigation HD	261 Discovery Turbo
124 GOLD HD	213 DMAX	262 Discovery History
122 Sky Arts	214 DMAX +1	263 Discovery History +1
132 Comedy Central	222 Crime + Investigation +1	264 National Geographic WILD
133 Comedy Central +1	227 Dave HD	265 National Geographic WILD
140 Sky Witness +1	245 Eden	266 National Geographic
145 E4 HD	246 Eden +1	267 National Geographic +1
170 Investigation Discovery	247 Eden HD	268 National Geographic HD
171 Investigation Discovery +1	250 Discovery	270 HISTORY® HD
176 ITV2 HD	251 Discovery HD	271 HISTORY® +1
177 ITV3 HD	252 Discovery +1	273 HISTORY2® HD
178 ITV4 HD	256 Animal Planet	286 Discovery Shed
179 ITVBe HD	257 Animal Planet HD	293 Love Nature HD
181 Comedy Central HD	258 Animal Planet +1	294 Love Nature
194 GOLD +1	259 Discovery Science	429 Film4 HD

ENTERTAINMENT & LIFESTYLE

110 Sky One	178 ITV4 HD	310 MTV Music
112 Sky Witness	179 ITVBe HD	311 MTV Live HD
124 GOLD HD	181 Comedy Central HD	312 MTV Hits
132 Comedy Central	194 GOLD +1	313 MTV Base
133 Comedy Central +1	195 More4 HD	314 Club MTV
134 MTV	182 Comedy Central Extra	315 MTV Rocks
140 Sky Witness +1	183 MTV HD	316 VH1
145 E4 HD	207 Real Lives +1	318 MTV OMG
156 E!	208 Lifetime® HD	330 Box Upfront
160 Real Lives	227 Dave HD	335 The Box
167 TLC	278 Good Food	336 Box Hits
168 TLC HD	279 Good Food HD	338 Kiss
169 TLC +1	280 Good Food +1	340 Magic
176 ITV2 HD	284 Discovery Home & Health	342 Kerrang!
177 ITV3 HD	285 Discovery Home & Health +1	429 Film4 HD

ENTERTAINMENT & SPORT LITE

110 Sky One	177 ITV3 HD	519 Sky Sports News
112 Sky Witness	178 ITV4 HD	520 Sky Sports Mix
124 GOLD HD	179 ITVBe HD	521 Eurosport 1 HD
132 Comedy Central	181 Comedy Central HD	522 Eurosport 2 HD
133 Comedy Central +1	194 GOLD +1	523 Eurosport 1
140 Sky Witness +1	195 More4 HD	524 Eurosport 2
145 E4 HD	227 Dave HD	
176 ITV2 HD	429 Film4 HD	

KIDS

704 Cartoon Network	714 Nick HD	727 Disney Junior
705 Cartoon Network +1	715 Nick Jr.	730 Boomerang
706 Cartoonito	716 Nick Jr. Too	731 Boomerang +1
707 Disney XD	717 Nicktoons	732 Cartoon Network HD
712 Nickelodeon	724 Disney Channel	739 ZooMoo HD
713 Nick +1	725 Disney Channel +1	