



# PERSONAL PICKS

## ENTERTAINMENT & DRAMA

110 Sky One	160 Sky Two	206 Universal TV +1
112 Sky Witness	176 ITV2 HD	211 W HD
122 Universal TV	177 ITV3 HD	212 alibi HD
124 GOLD HD	178 ITV4 HD	227 Dave HD
125 W	179 ITVBe HD	229 SYFY +1
126 Alibi	180 Sky Witness +1	415 TCM
132 Comedy Central	181 Comedy Central HD	416 TCM HD
133 Comedy Central +1	190 W +1	417 TCM +1
138 SYFY	191 alibi +1	419 Movies 24
145 E4 HD	194 GOLD +1	420 Movies 24 + 1
157 FOX	195 More4 HD	429 Film4 HD
158 FOX +1	199 FOX HD	

## ENTERTAINMENT & DOCUMENTARIES

110 Sky One	195 More4 HD	260 Discovery Science +1
112 Sky Witness	209 Crime + Investigation HD	261 Discovery History +1
124 GOLD HD	214 DMAX +1	264 National Geographic WILD
123 Sky Arts	222 Crime + Investigation +1	265 National Geographic WILD HD
132 Comedy Central	227 Dave HD	266 National Geographic
133 Comedy Central +1	245 Eden	267 National Geographic +1
145 E4 HD	246 Eden +1	268 National Geographic HD
173 Investigation Discovery +1	247 Eden HD	270 HISTORY® HD
176 ITV2 HD	250 Discovery HD	271 HISTORY® +1
177 ITV3 HD	252 Discovery Science	273 HISTORY2® HD
178 ITV4 HD	251 Animal Planet HD	281 Discovery Shed
179 ITVBe HD	256 Discovery Turbo	293 Love Nature HD
180 Sky Witness +1	257 Discovery History	429 Film4 HD
181 Comedy Central HD	258 Discovery +1	
194 GOLD +1	259 Animal Planet +1	

## ENTERTAINMENT & LIFESTYLE

110 Sky One	179 ITVBe HD	313 MTV Base
112 Sky Witness	181 Comedy Central HD	314 Club MTV
124 GOLD HD	194 GOLD +1	315 MTV Rocks
132 Comedy Central	195 More4 HD	316 MTV Classic
133 Comedy Central +1	180 Sky Witness +1	318 MTV OMG
134 MTV	182 Comedy Central Extra	335 The Box
136 Sky Crime	183 MTV HD	336 Box Hits
140 E!	207 Sky Crime +1	338 Kiss
145 E4 HD	208 Lifetime® HD	340 Magic
167 TLC HD	227 Dave HD	342 Kerrang!
172 TLC +1	284 Discovery Home & Health +1	429 Film4 HD
176 ITV2 HD	310 MTV Music	
177 ITV3 HD	311 MTV Live HD	
178 ITV4 HD	312 MTV Hits	

## ENTERTAINMENT & SPORT LITE

110 Sky One	177 ITV3 HD	227 Dave HD
112 Sky Witness	178 ITV4 HD	429 Film4 HD
124 GOLD HD	179 ITVBe HD	519 Sky Sports News
132 Comedy Central	180 Sky Witness +1	520 Sky Sports Mix
133 Comedy Central +1	181 Comedy Central HD	521 Eurosport 1 HD
145 E4 HD	194 GOLD +1	522 Eurosport 2 HD
176 ITV2 HD	195 More4 HD	

## KIDS

704 Cartoon Network	714 Nick HD	727 Disney Junior
705 Cartoon Network +1	715 Nick Jr.	730 Boomerang
706 Cartoonito	716 Nick Jr. Too	731 Boomerang +1
707 Disney XD	717 Nicktoons	732 Cartoon Network HD
712 Nickelodeon	724 Disney Channel	
713 Nick +1	725 Disney Channel +1	