



# PERSONAL PICKS

## ENTERTAINMENT & DRAMA

|                       |                    |                   |
|-----------------------|--------------------|-------------------|
| 110 Sky One           | 160 Sky Two        | 211 W HD          |
| 112 Sky Witness       | 176 ITV2 HD        | 212 Alibi HD      |
| 122 Sky Comedy        | 177 ITV3 HD        | 227 Dave HD       |
| 124 GOLD HD           | 178 ITV4 HD        | 229 SYFY +1       |
| 125 W                 | 179 ITVBe HD       | 415 TCM           |
| 126 Alibi             | 180 Sky Witness +1 | 416 TCM HD        |
| 132 Comedy Central HD | 181 Comedy Central | 417 TCM +1        |
| 133 Comedy Central +1 | 190 W +1           | 419 Movies 24     |
| 138 SYFY              | 191 Alibi +1       | 420 Movies 24 + 1 |
| 145 E4 HD             | 194 GOLD +1        | 429 Film4 HD      |
| 157 FOX               | 195 More4 HD       |                   |
| 158 FOX +1            | 199 FOX HD         |                   |

## ENTERTAINMENT & DOCUMENTARIES

|                                |                              |                                 |
|--------------------------------|------------------------------|---------------------------------|
| 110 Sky One                    | 195 More4 HD                 | 260 Discovery Science +1        |
| 112 Sky Witness                | 209 Crime + Investigation HD | 261 Discovery History +1        |
| 124 GOLD HD                    | 214 DMAX +1                  | 264 National Geographic WILD    |
| 123 Sky Arts                   | 222 Crime + Investigation +1 | 265 National Geographic WILD HD |
| 132 Comedy Central HD          | 227 Dave HD                  | 266 National Geographic         |
| 133 Comedy Central +1          | 245 Eden                     | 267 National Geographic +1      |
| 145 E4 HD                      | 246 Eden +1                  | 268 National Geographic HD      |
| 173 Investigation Discovery +1 | 247 Eden HD                  | 270 HISTORY® HD                 |
| 176 ITV2 HD                    | 250 Discovery HD             | 271 HISTORY® +1                 |
| 177 ITV3 HD                    | 252 Discovery Science        | 273 HISTORY2® HD                |
| 178 ITV4 HD                    | 251 Animal Planet HD         | 281 Discovery Shed              |
| 179 ITVBe HD                   | 256 Discovery Turbo          | 293 Love Nature HD              |
| 180 Sky Witness +1             | 257 Discovery History        | 429 Film4 HD                    |
| 181 Comedy Central             | 258 Discovery +1             |                                 |
| 194 GOLD +1                    | 259 Animal Planet +1         |                                 |

## ENTERTAINMENT & LIFESTYLE

|                       |                                |                 |
|-----------------------|--------------------------------|-----------------|
| 110 Sky One           | 179 ITVBe HD                   | 313 MTV Base    |
| 112 Sky Witness       | 181 Comedy Central             | 314 Club MTV    |
| 124 GOLD HD           | 194 GOLD +1                    | 315 MTV Rocks   |
| 132 Comedy Central HD | 195 More4 HD                   | 316 MTV Classic |
| 133 Comedy Central +1 | 180 Sky Witness +1             | 318 MTV OMG     |
| 134 MTV HD            | 182 Comedy Central Extra       | 335 The Box     |
| 136 Sky Crime         | 183 MTV                        | 336 Box Hits    |
| 140 E!                | 207 Sky Crime +1               | 338 Kiss        |
| 145 E4 HD             | 208 Lifetime® HD               | 340 Magic       |
| 167 TLC HD            | 227 Dave HD                    | 342 Kerrang!    |
| 172 TLC +1            | 284 Discovery Home & Health +1 | 429 Film4 HD    |
| 176 ITV2 HD           | 310 MTV Music                  |                 |
| 177 ITV3 HD           | 311 MTV Live HD                |                 |
| 178 ITV4 HD           | 312 MTV Hits                   |                 |

## ENTERTAINMENT & SPORT LITE

|                       |                    |                     |
|-----------------------|--------------------|---------------------|
| 110 Sky One           | 177 ITV3 HD        | 227 Dave HD         |
| 112 Sky Witness       | 178 ITV4 HD        | 429 Film4 HD        |
| 124 GOLD HD           | 179 ITVBe HD       | 519 Sky Sports News |
| 132 Comedy Central HD | 180 Sky Witness +1 | 520 Sky Sports Mix  |
| 133 Comedy Central +1 | 181 Comedy Central | 521 Eurosport 1 HD  |
| 145 E4 HD             | 194 GOLD +1        | 522 Eurosport 2 HD  |
| 176 ITV2 HD           | 195 More4 HD       |                     |

## KIDS

|                        |                       |                        |
|------------------------|-----------------------|------------------------|
| 704 Cartoon Network    | 714 Nick HD           | 727 Disney Junior      |
| 705 Cartoon Network +1 | 715 Nick Jr.          | 730 Boomerang          |
| 706 Cartoonito         | 716 Nick Jr. Too      | 731 Boomerang +1       |
| 707 Disney XD          | 717 Nicktoons         | 732 Cartoon Network HD |
| 712 Nickelodeon        | 724 Disney Channel    |                        |
| 713 Nick +1            | 725 Disney Channel +1 |                        |