More TV, less energy

At Virgin Media, we're using our powerful fibre optic network to bring people the very best entertainment, wherever they are.

TiVo[°] box

For us, that means building cutting edge technology that takes care of our customers and the environment at the same time. When it comes to TV, both our V HD Box and TiVo® box are designed to use less energy when you're not watching telly and both of them use less power than a standard 40W light bulb.

We're committed to providing greater energy saving to our customers, that's why we've signed up to the EU's Voluntary Industry Agreement to improve the energy consumption of Complex Set Top Boxes.

V HD Box

V HD Box

Our V HD box uses 14W when on and 12W when in standby. That comes to 112kWh a year.*

It also has a clever standby mode, so you can use less energy when you're not watching TV by pressing the Standby button.

If you'd like your set top box to use even less energy, press **Home** on your remote and go to **Settings > Power Saving Settings** and set it to lower power.

TiVo® box

Our TiVo® box has loads more features and much more processing power than our V HD Box, but still only uses 21W when on and 20W (replace with 11.7W) when in standby. That comes to 172kWh (replace with 118kWh) a year.*

Follow our journey at virginmedia.com/sustainability



* All our calculations are based on the EU approved methodology as defined by the Voluntary Industry Agreement to Improve the Energy Consumption of Complex Set Top Boxes under the EuP/ErP Directive.